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#### INDEPENDENT AUDITOR'S REPORT

To the Board of Directors of The Center for Mind-Body Medicine, Inc. Washington, D.C.

I have audited the accompanying financial statement of The Center for Mind-Body Medicine, Inc. (CMBM), which comprise the statement of financial position as of December 31, 2012, and the related statements of activities cash flows for the year then ended, and the related notes to the financial statements.

# Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with accounting principles generally accepted in the United States of America; this includes the design, implementation, and maintenance of internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error.

#### Auditor's Responsibility

My responsibility is to express an opinion on these financial statements based on my audit. I conducted my audit in accordance with auditing standards generally accepted in the United States of America. Those standards require that I plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatements.

An audit involves performing procedures to obtain audit evidence about the amount and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. Accordingly, we express no such opinion. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of significant accounting estimated made by management, as well as evaluating the overall presentation of the financial statements.

I believe that the audit evidence I have obtained is sufficient and appropriate to provide a basis for our audit opinion.

# **Opinion**

In my opinion, the financial statements referred to above present fairly, in all material respects, the financial position of The Center for Mind-Body Medicine, Inc. as of December 31, 2012, and the changes in its net assets and its cash flows for the year then ended in accordance with accounting principles generally accepted in the United States of America.

# **Report on Summarized Comparative Information**

N. em 5,06.

I have previously audited The Center for Mind-Body Medicine's 2011 financial statements, and my report dated April 9, 2012, expressed an unmodified opinion on those audited financial statements. In my opinion, the summarized comparative information presented herein as of and for the year ended December 31, 2011, is consistent, in all material respects, with the audited financial statements from which it has been derived.

Washington, DC

August 13, 2013

# STATEMENT OF FINANCIAL POSITION AS OF DECEMBER 31, 2012 WITH SUMMARIZED FINANCIAL INFORMATION FOR 2011

#### **ASSETS**

ASSEIS		Takal		Total
		Total 2012		Total 2011
CURRENT ASSETS	_	2012	_	2011
Cash and cash equivalents (note 2 and 3)	S	332,949	S	242,812
Accounts and other receivable (note 4)	Ψ	46,543	Ψ	22
Grants receivable (note 5)		800,000		2,690,816
Prepaid expense and employee advances		9,000		545
Total Current Assets	W	1,188,492	V <u>-</u>	2,934,195
PROPERTY AND EQUIPMENT-AT COST				
Furniture & equipment		98,310		98,310
Library		6,037		6,037
Website development		56,293		56,293
Less: accumulated depreciation	_	(140,164)		(135,450)
Property and Equipment, Net		20,476	7	25,190
OTHER ASSETS				
Security deposits		2,600		2,600
Registered logo	-	7,112	-	7,112
Total Other Assets		9,712	_	9,712
TOTAL ASSETS	\$	1,218,680	\$	2,969,097
LIABILITIES AND NET ASSETS				
CURRENT LIABILITIES				
Accounts payable	\$	5,488	\$	16,095
Accrued vacation (note 6)		8,616		6,684
Payroll tax liability		4,287		-
Deferred revenue (note7)		7,945	i i	71,574
Total Current Liabilities		26,336	-	94,353
NET ASSETS				
Unrestricted (notes 11 and 14)		39,024		12,905
Temporarily restricted (note 9)		1,153,320	-	2,861,839
Total Net Assets	12	1,192,344		2,874,744
TOTAL LIABILITIES AND NET ASSETS	S	1,218,680	\$	2,969,097

# STATEMENT OF ACTIVITIES FOR THE YEAR ENDED DECEMBER 31, 2012 WITH SUMMARIZED FINANCIAL INFORMATION FOR 2011

	Ur	restricted		nporarily estricted		Total 2012	Total 2011
REVENUE  Contributions and grants	S	99,950	\$	109,942	S	209,892	\$ 1,675,000
Individual and corporate contributions	Ψ	101,602	Ψ	-	Ψ	101,602	65,050
Governments grants		60,799				60,799	119,328
Registration and training fees		534,625		-		534,625	524,489
Speaking income		14,000		-		14,000	-
Sale of books, tapes and t-shirts		12,667		(E)_E		12,667	15,359
Contract Revenue		106,028		82		106,028	39,783
Services income		*		-		-	42,900
Certification and supervision		118,126				118,126	124,689
Other income		2,129		100		2,129	1,490
Interest and dividends		60		-		60	529
Net assets released from restrictions		1,818,461	(	1,818,461)		-	
TOTAL REVENUE		2,868,447	(	1,708,519)		1,159,928	2,608,617
EXPENSES Program Expenses: Certification Program		63,419		-		63,419	56,735
Cancer Guides		248,823		_		248,823	18,702
Community Education		11,164		- 12		11,164	24,085
Global Trauma Relief		1,495,500		-		1,495,500	1,785,567
<b>Educating Health Professionals</b>	_	740,178	(E	-	_	740,178	740,096
Total Program Expenses		2,559,084		-		2,559,084	2,625,185
Support Expenses:							
Fundraising and Development Management and General		137,288 145,956		2		137,288 145,956	133,875 50,301
Wanagement and General	() <u>-</u>	143,730	de			145,750	30,301
Total Support Expenses	7	283,244	ję.	-	100	283,244	184,176
TOTAL EXPENSES		2,842,328		-	-	2,842,328	2,809,361
CHANGE IN NET ASSETS		26,119	(	1,708,519)		(1,682,400)	(200,744)
Net Assets, Beginning of year		12,905		2,861,839	y-	2,874,744	3,075,488
NET ASSETS, END OF YEAR	_\$_	39,024	_\$_	1,153,320	\$	1,192,344	\$ 2,874,744

# STATEMENT OF FUNCTIONAL EXPENSES FOR THE YEAR ENDED DECEMBER 31, 2012 WITH SUMMARIZED FINANCIAL INFORMATION FOR 2011

	(		10	Ç	(		Global	_	Educating	1	Fundraisi	ng M	Fundraising Management		Total	Total
	E G	Program	ш	Guides		Education	I rauma Relief		Professionals	Program	ox Development	ent	General		2012	2011
Salaries	8	4	456 \$	54,773	000	5,468	\$ 141,225	25	189,617	391,539	\$ 94,426	26 \$	264,444	S	750,409	\$ 652,664
Employee benefits and payroll taxes			63	7,900		903	23,958	856	24,998	57,822	10,766	99	43,488		112,076	116,769
Accounting and auditing		0.10		1		1		1,145	3	1,145			13,925		15,070	6,000
Advertising and promotion				1		×			1,185	1,185	1	175	130		1,490	775
Bad debt expense				ì		3		ī	1	x			ï		r	7,050
Bank fees and license		2,2	,291	569		7	.,	1,324	9,657	13,848			6,480		20,328	24,537
Computer expense		8 10		î		10	2,	2,513	501	3,014	8	831	2,869		6,714	19,684
Consulting and translation fees		54,625	25	40,353		-1	592,199	661	34,082	721,259	4,2	,210	73,115		798,584	668,525
Continuing education credits		1		i		39			15,420	15,420	1		1		15,420	11,582
Depreciation and amortization				ű		1		1	1	ı	1		4,714		4,714	3,576
Entertainment and meals		1		18			10,	962,01	512	11,326	1,1	161,	3,300		15,823	13,907
Equipment rental				ı		E			1,300	1,300	8		8,872		10,172	9,139
Honorarium		1.0		26,000		J.:	70,500	200	96,400	192,900	5	500	1		193,400	229,136
Insurance		.1.		1		3.		1	ji	0	- 1		6,357		6,357	8,078
Legal fees		31		ì		Į.		176	1,604	1,780			181		1,961	2,405
Janitorial and cleaning expense		.1.		1			5,	5,484	٠	5,484			5,990		11,474	9,450
Marketing				6,820		£	47,932	932	8,355	63,107	18,852	:52	62,934		144,893	13,981
Merchandise and books		10				6		E		t		2000			31	929
Meeting expense		.1.		43,829		1	101,358	358	184,533	329,720	0.1	754	270		329,990	430,876
Occupancy		- 24				а	19,971	971		179,971			44,803		64,774	78,248
Other expenses		.1		1,000		450	4,	4,529	1	5,979	7	772	1,115		7,866	14,287
Participant stipends		.00		i			12,	12,000	ī	12,000			e		12,000	11,250
Per diem		II:		ï		10	.9	6,305	7,584	13,889			1		13,889	13,097
Postage and mail service			91	644		163	2,	2,981	582	4,386	1,0	800	776		6,371	5,279
Printing and reproduction		- 31		1		33	1,	1,436	6,415	7,851	3,8	3,810	259		11,920	25,955
Promotion/Marketing		3				æ		a a	1	1			x		X.	10,844
Public relations		,t.		1		£	5,0	5,016	t	5,016	~	807	E		5,823	10,755
Registration		1	102	1		ε		E	2,583	2,685	12	20	E		2,685	2,875
Research		E		ı		e	3,	3,619	1	3,619			1		3,619	066
Scholarships		1		1		313	2,	2,500	1,645	4,145	31		э		4,145	1,500
Subscriptions, publications and dues		31		1		199		100	788	1,087	2,5	2,530	1,046		4,663	2,286
Supplies and stationery		1	125	1		10	21,	21,115	9,438	30,688	2,122	22	7,193		40,003	48,987
Telecommunications			43	1,586		1	25,028	028	2,559	29,216	7	724	5,125		35,065	33,546
Travel and transportation		1:		31,431		3,145	86,801	801	39,846	161,223	14,738	38	4,661		180,622	319,127
Website Maintenance/Updates		10		i		1	9	6,120	1	6,120			3,888	=	10,008.00	525
G&A Allocation		5,698	86	33,900		819	299,369	369	100,574	440,360	(20,180)	(08	(420,180)		3	it.
Total	69	63,419	8 61	248,823	S	11,164	\$ 1,495,500	S 005	740,178	\$ 2,559,084	s 137,288	888	145,956	\$ 2,	2,842,328	\$ 2,809,361



# STATEMENT OF CASH FLOWS FOR THE YEAR ENDED DECEMBER 31, 2012 WITH SUMMARIZED FINANCIAL INFORMATION FOR 2011

	Total 2012	Total 2011
CASH FLOWS PROVIDED BY OPERATING ACTIVITIES		
Cash received from contributions and registration fees	\$ 2,940,534	\$ 2,887,938
Interest received	60	529
Cash paid for operating activities	(2,850,457)	(2,856,679)
Net cash provided by operating activities	90,137	31,788
CASH FLOWS FROM INVESTING ACTIVITIES		
Purchase of furniture, equipment and software		(20,000)
Net cash flows used by investing activities		(20,000)
Net increase in cash	90,137	11,788
Cash and cash equivalents at beginning of year	242,812	231,024
CASH AND CASH EQUIVALENTS AT END OF YEAR	\$ 332,949	\$ 242,812
CASH FLOWS FROM OPERATING ACTIVITIES		
Change in net assets	\$ (1,682,400)	\$ (200,744)
Adjustment to reconcile change in net assets to net cash provided by operating activities		
Depreciation expense	4,714	3,576
(Increase) decrease in assets:		
Accounts receivable	(46,521)	126,852
Grants receivable	1,890,816	221,020
Prepaid expense and employee advances	(8,455)	5,414
Increase (decrease) in liabilities:		
Accounts payable	(10,607)	(62,792)
Payroll liabilities	4,287	-
Accrued vacation	1,932	6,684
Deferred revenue	(63,629)	(68,022)
Accrued expenses		(200)
NET CASH PROVIDED BY OPERATING ACTIVITIES	\$ 90,137	\$ 31,788

See Accompanying Notes to Financial Statements



# NOTES TO FINANCIAL STATEMENTS FOR THE YEAR ENDED DECEMBER 31, 2012

#### 1. ORGANIZATION

The Center for Mind-Body Medicine, Inc. is a non-profit corporation, organized under the laws of the District of Columbia dedicated to reviving the spirit and transforming the practice of medicine. The Center is working to create a more effective, comprehensive and compassionate model of healthcare and education. The Center's model combines the precision of modern science with the wisdom of the world's healing traditions, to help health professionals heal themselves, their patients and clients, and their communities.

This model is based on self-awareness and relies on self-care as its core. The Center believes that all of us have a great and largely untapped capacity to improve our own health and well-being through mind-body approaches, nutrition, exercise and group support. The Center has worked with the National Institutes of Health, the National Cancer Institute, and the World Health Organization, as well as many medical schools, to educate healthcare professionals and the public in the US and around the world. Our programs include:

Mind-Body Medicine is the most comprehensive mind-body training program in the United States. It combines large group didactic training with our unique, small-group model, making it possible for healthcare professionals to integrate the best of mind-body medicine into clinical practice and teaching. This is the Center's core program. We have been teaching it around the world since 1994, providing over 2500 practitioners with the tools they need to become more effective healers and to find more meaning in their work. Both experiential and science-based, this program is rewarding and transformative. Advanced Mind-Body Medicine training and an individual, in-depth Mind-Body Medicine Certification Program are also available for those who wish to take this work to the highest level.

<u>Cancer Guides</u> is the most comprehensive 5-day training for integrative oncology in the United States, training health professionals to work with people with cancer to create safe, effective, individualized programs of integrative care. CMB's unique small-group model provides an intimate and emotionally powerful experience that leads group members through each step of the cancer journey. Many graduates have expressed felling "transformed" by the week's events, as they return to their work with newfound perspective and inspiration, along with the latest scientific research.

<u>Food as Medicine</u> provides the best introduction to medical nutrition therapy in the U.S. This annual professional training program offers participants the latest in science-based nutrition education together with the knowledge, confidence and compassion required to successfully guide patients towards life-giving, health nutrition. After eating colorful, healthy, whole-foods meals during the four-day training, our participants are often inspired to transform their and their families' diets, and to authentically recommend healthy transformations for their patients.

# NOTES TO FINANCIAL STATEMENTS FOR THE YEAR ENDED DECEMBER 31, 2012

#### 1. ORGANIZATION (continued)

Global Trauma Relief is the CMBM's groundbreaking international program, offering training to health and mental health professionals and community leaders to assist the healing of psychological trauma in war-torn and disaster-afflicted areas of the world. Our published research shows remarkable results. Areas of work have included Bosnia, Kosovo, Macedonia, Israel and Gaza, and here in the United States with NYC firefighter's post-9/11, in post-Katrina New Orleans, with the military and veterans, and now in Haiti.

#### 2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

#### **Basis of Presentation**

The financial statements are presented in accordance with Statement of Financial Accounting Standards No. 117, "Financial Statements of Not-for Profit Organizations." Under SFAS No. 117, The Center for Mind-Body Medicine, Inc. is required to report information regarding its financial position and activities according to three classes of net assets: unrestricted net assets, temporarily restricted net assets, and permanently restricted net assets. In addition, The Center for Mind-Body Medicine, Inc. is required to present a statement of cash flows.

#### **Basis of Accounting**

The financial statements of The Center for Mind-Body Medicine, Inc. have been prepared on the accrual basis. Under the accrual basis of accounting, income is recognized in the period it is earned, and expenses are recognized when incurred.

#### **Use of Estimates**

The preparation of financial statements in conformity with generally accepted accounting principles requires management to make estimates and assumptions that affect certain reported amounts and disclosures. Accordingly, actual results could differ from those estimates.

#### Statement of Cash Flows

Cash consists of monies held in demand deposit accounts and petty cash. Cash equivalents are highly-liquid investments with initial maturities of three months or less. As of December 31, 2012, the Center held no equivalents.

#### Uncertain Tax Position

The Financial Accounting Standards Board (FASB) released FASB ASC740-10, Income Taxes, that provide guidance for reporting uncertainty in income taxes. For the year ended December 31, 2012, CMBM has documented its consideration of FASB ASC 740-10 and determined that no material uncertain tax provisions qualify for either recognition or disclosure in the financial statements.



# NOTES TO FINANCIAL STATEMENTS FOR THE YEAR ENDED DECEMBER 31, 2012

# 2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (Continued)

#### **Net Assets Classifications**

There are three classes of net assets. They can each be defined as follows:

Unrestricted Net Assets – These are net assets whose use is not restricted by the donors. The organization itself has complete control and discretion over how they can be used.

Temporarily Restricted Net Assets— This represents net assets that have restrictions stipulated by donors – either regarding the time period in which they can be used for the purpose to which they can be put (e.g., a grant specifically intended to cover the salary of a person to be hired for a specified purpose). Expenses do not get recorded in this category; grants that are to be used for a specific purpose are initially recorded as "Temporarily Restricted", and when the restrictions are met, they are reported in the statement of activities as net assets released from restrictions, and are reclassified as "Unrestricted"

Permanently Restricted Net Assets – This represents net assets which the organization must maintain in perpetuity. The Center for Mind-Body Medicine, Inc. does not have any such assets.

#### Revenue Recognition

All contributions are considered to be available for unrestricted use unless specifically restricted by the donor. Support that is restricted by the donor is reported as an increase in temporarily restricted net assets depending on the nature of the restriction. When a restriction expires, that is, when a stipulated time restriction ends or the purpose of the restriction is accomplished, temporarily restricted net assets are reclassified to unrestricted net assets and reported in the statement of activities as net assets released from restrictions.

#### **Property and Equipment**

Fixed assets consist of office furniture and equipment and are recorded at cost when purchased or, if donated, at fair market value at date of donation. Depreciation is calculated over estimated useful lives of 3-10 years using the straight-line method.

#### **Contributed Services**

Contributed services, when received, are reflected as contributions in the accompanying statements at their estimated fair market values at the date of receipt.



# NOTES TO FINANCIAL STATEMENTS FOR THE YEAR ENDED DECEMBER 31, 2012

# 2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (continued)

#### **Income Taxes**

The Center for Mind-Body Medicine has qualified as a non-profit organization under Internal Revenue Code Section 501 (c)(3) and consequently pays no taxes on its exempt function income. However, the Center would be liable for taxes on any unrelated business income. There is no history of unrelated business income in the Center.

# **Functional Expenses**

Costs are charged to program services and management and general functions based on direct expenditures incurred. Expenses not directly chargeable to these functional categories are allocated based on direct personnel costs.

#### Summarized Prior-Year Information

The financial statements include certain prior-year summarized comparative information in total but not by net asset class. Such information does not include sufficient detail to constitute a presentation in conformity with generally accepted accounting principles. Accordingly, such information should be read in conjunction with the Organization's financial statements for the year ended December 31, 2011 from which the summarized information was derived.

#### **Subsequent Events**

In preparing these financial statements, CMBM has evaluated events and transactions for potential recognition or disclosure through June 3, 2013, the date the financial statements were issued.

#### 3. CONCENTRATION OF CREDIT RISK

At times during the year, the Center maintains cash balances at financial institutions in excess of the Federal Deposit Insurance Corporation (FDIC) limits. Management believes the risk in these situations to be minimal.

#### 4. ACCOUNTS RECEIVABLE

Accounts receivable in the amount of \$46,543 are collectible in 2013.



# NOTES TO FINANCIAL STATEMENTS FOR THE YEAR ENDED DECEMBER 31, 2012

#### 5. GRANTS RECEIVABLE

Grants receivable in the amount of \$800,000 at December 31, 2012 are due in 2013.

The Atlantic Philanthropies committed \$2,196,836 over a period of 24 months. In 2011, CMBM received its pledge of \$1,106,020. The remaining balance of \$1,090,816 was received in 2012 and 2013.

CMBM received a two-year commitment from de Laski Family Foundation of \$1,600,000 for 2012 and 2013 for the purpose of Global Trauma relief work in Haiti along with general operating costs. CMBM received its first year commitment of \$800,000 in January 2012 and the last payment was received in 2013 subsequent to the balance sheet date.

The Center does not record an allowance for uncollectible promises receivable as accounts are written off when they are determined uncollectible.

#### 6. ACCRUED VACATION

CMBM accrues a liability for earned vacations to which employees are entitled depending on their length of service and other factors. The accompanying financial statements include vacation benefits of \$8,616 for the year ended December 31, 2012.

#### 7. DEFERRED REVENUE

Deferred revenue in 2012 consists of funding received in 2012 for 2013 programs as follows:

ATP 2013 Registration Fees	\$ 2,210
Food as Medicine 2013	4,185
PTP 2013 Registration Fees	_1,550
Total	\$7,945

#### 8. NET ASSETS RELEASED FROM RESTRICTIONS

The following is a summary of net assets which were released from donor restrictions by incurring expenses which satisfied the donor specified restrictions:

Global Trauma Relief	\$1,783,461
Educating Health Professional	35,000
Total	\$1,818,461

# NOTES TO FINANCIAL STATEMENTS FOR THE YEAR ENDED DECEMBER 31, 2012

#### 9. TEMPORARILY RESTRICTED NET ASSETS

As of December 31, 2012 the temporarily restricted net assets balance consists of the following:

Global Trauma Relief	\$1,083,320
<b>Educating Health Professionals</b>	\$70,000

Total \$1,153,320

#### 10. CONTRIBUTED GOODS AND SERVICES

The Center receives non-cash contributions from certain members of its board of directors and other sources. When the value of these contributions is not susceptible to objective - measurement or valuation, such contributions are not reflected in these financial statements.

#### 11. RELATED PARTY

The Center provided technical and financial support to establish "Training Center for Mind-Body Skills" a nonprofit organization in Israel referred to as "Amuta". Amuta is established in the model of "Center for Mind-Body Medicine" whose mission is to provide training to professionals in treatments according to mind-body skills models.

The President of the Board of The Center for Medicine, previously the Dean of the Center for Mind-Body Medicine Program at Saybrook Graduate School signed two separate agreements with Saybrook on September 1, 2012.

The first agreement stipulates that CMBM will provide educational training to Saybrook students enrolled in their master and doctoral programs in MBM through assessing fees for participants in CMBM's training programs. This agreement expires on August 31, 2014 unless earlier extended by mutual written agreement.

# NOTES TO FINANCIAL STATEMENTS FOR THE YEAR ENDED DECEMBER 31, 2012

# 11. RELATED PARTY (continued)

The second agreement constitutes whereby Saybrook and CMBM jointly agree that they will work together on various research, educational or informational activities during the period of September 1, 2012 through August 31, 2014.

#### 12. LINE OF CREDIT

On February 6, 2012 CMBM obtained a line of credit with Wells Fargo Bank in the amount of \$200,000. The purpose of the line of credit is to provide working capital. The terms of the line of credit carries interest at the bank's prime rate plus 2%. The accrued interest shall be due and payable in consecutive monthly payments. The principal is due and payable in full on demand. As of December 31, 2012 the loan balance was \$0.

#### 13. COMMITMENTS AND CONTINGENCIES

As of December 31, 2012, there were no significant outstanding legal actions or claims against the Organization. CMBM maintains various forms of insurance that its management believes are adequate to reduce the exposure to these risks to an acceptable level.