** PUBLIC DISCLOSURE COPY **

Return of Organization Exempt From Income Tax

OMB No. 1545-0047

Department of the Treasury Internal Revenue Service

A For the 2022 calendar year, or tax year beginning

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations) Do not enter social security numbers on this form as it may be made public. Go to www.irs.gov/Form990 for instructions and the latest information.

and ending

Open to Public Inspection

B	Check if applicable	C Name of organization		D Employer identific	cation number
	Addres	S MILE CENTED HOD MIND DODY MEDICINE			
F	change Name change			52-17557	4.4
F	lnitial return		om/suite	E Telephone number	
F	Final	5225 CONNECUTOUR AVENUE N W // 1/	14	(202) 96	
	lreturn/ termin- ated			G Gross receipts \$	4,501,669.
Г	Ameno		t	H(a) Is this a group re	
F	Application			for subordinates	
	pendin	5225 CONNECTICUT AVE., NW, WASHINGTON, I	oc 2	H(b) Are all subordinates in	
$\overline{\Gamma}$	Tax-exe	empt status: X 501(c)(3) 501(c) () (insert no.) 4947(a)(1) or 1	-		list. See instructions
	Websit			H(c) Group exemption	
		organization: X Corporation Trust Association Other	L Year o		State of legal domicile: DC
	art I	Summary			-
_	1	Briefly describe the organization's mission or most significant activities: $\overline{ exttt{THE}}$ $\overline{ exttt{MI}}$	ISSIO	N OF THE CE	NTER FOR
Activities & Governance	:	MIND-BODY MEDICINE IS TO MAKE SELF-AWARENE	ESS,	SELF-CARE,	AND GROUP
rna	2	Check this box if the organization discontinued its operations or disposed	d of more	than 25% of its net as	sets.
ove	3	Number of voting members of the governing body (Part VI, line 1a)		3	7
رح ح	4	Number of independent voting members of the governing body (Part VI, line 1b)		4	6
es	5	Total number of individuals employed in calendar year 2022 (Part V, line 2a)		5	35
ĭŧ	6	Total number of volunteers (estimate if necessary)		6	0
Acti	7 a	Total unrelated business revenue from Part VIII, column (C), line 12		7a	0.
_	b	Net unrelated business taxable income from Form 990-T, Part I, line 11			0.
				Prior Year	Current Year
ne	1	Contributions and grants (Part VIII, line 1h)		2,198,146.	2,388,424.
Revenue		Program service revenue (Part VIII, line 2g)		3,396,926.	2,112,936.
Re		Investment income (Part VIII, column (A), lines 3, 4, and 7d)		191.	309.
	1	Other revenue (Part VIII, column (A), lines 5, 6d, 8c, 9c, 10c, and 11e)		0. 5,595,263.	0.
		Total revenue - add lines 8 through 11 (must equal Part VIII, column (A), line 12)		0.	4,501,669.
	1	Grants and similar amounts paid (Part IX, column (A), lines 1-3)		0.	<u> </u>
	1	Benefits paid to or for members (Part IX, column (A), line 4)		2,071,394.	2,419,930.
ses	15	Salaries, other compensation, employee benefits (Part IX, column (A), lines 5-10)		2,071,394.	0.
Expenses	16a	Professional fundraising fees (Part IX, column (A), line 11e) Total fundraising expenses (Part IX, column (D), line 25) 427,207	; <u> </u>	0.	0.
Ä	1	Total fundraising expenses (Part IX, column (D), line 25) 427, 207 Other expenses (Part IX, column (A), lines 11a-11d, 11f-24e)		2,529,959.	2,506,727.
		Total expenses. Add lines 13-17 (must equal Part IX, column (A), line 25)		4,601,353.	4,926,657.
		Revenue less expenses. Subtract line 18 from line 12		993,910.	-424,988.
or		Teveride less experiess. Subtract line 16 from line 12		inning of Current Year	End of Year
Net Assets Fund Balanc	20	Total assets (Part X, line 16)		3,671,638.	2,019,747.
Ass d Ba	21	Total liabilities (Part X, line 26)		1,295,467.	68,564.
Est	22	Net assets or fund balances. Subtract line 21 from line 20		2,376,171.	1,951,183.
	art II	Signature Block	·		
Und	ler pena	lties of perjury, I declare that I have examined this return, including accompanying schedules at	nd stateme	ents, and to the best of my	/ knowledge and belief, it is
true	, correc	t, and complete. Declaration of preparer (other than officer) is based on all information of which	h preparer l	has any knowledge.	
		.			
Sig		Signature of officer		Date	
Her	re	JAMES S. GORDON, MD, CEO AND BOARD MEMBER			
		Type or print name and title		oto	I DTIN
		Print/Type preparer's name Preparer's signature		ate Check	PTIN
Pai		SALTI & ASSOCIATES, LLC SALTI & ASSOCIATE	58, I	2/28/23 if self-employe	P01482194
		Firm's name SALTI & ASSOCIATES, LLC		Firm's EIN 2	0-3551532
Use	Only	Firm's address 1310 L STREET, NW		5. 20	770 2210
		WASHINGTON, DC 20005		Phone no. ∠ 0	2-728-3312
Ma	y the IF	RS discuss this return with the preparer shown above? See instructions			X Yes No

Pai	rt III Statement of Program Service Accomplishments	
	Check if Schedule O contains a response or note to any line in this Part III	X
1	Briefly describe the organization's mission: THE CENTER FOR MINDBODY MEDICINE, INC. IS A NONPROFIT CORPORATION	Ν,
	ORGANIZED UNDER THE LAWS OF THE DISTRICT OF COLUMBIA DEDICATED TO	
	REVIVING THE SPIRIT AND TRANSFORMING THE PRACTICE OF MEDICINE. TI	HE
	CENTER'S MISSION IS TO MAKE SELFCARE, SELFAWARENESS AND GROUP SU	
2	Did the organization undertake any significant program services during the year which were not listed on the	
_		Yes X No
	If "Yes," describe these new services on Schedule O.	
3		Yes X No
Ū	If "Yes," describe these changes on Schedule O.	100 == 110
4	Describe the organization's program service accomplishments for each of its three largest program services, as measured by exp	encec
7	Section 501(c)(3) and 501(c)(4) organizations are required to report the amount of grants and allocations to others, the total exper	
	revenue, if any, for each program service reported.	ises, and
4a		81,055. ₎
-1 a	GLOBAL TRAUMA RELIEF IS THE CMBM'S GROUNDBREAKING PROGRAM TO ADDI	
	POPULATION-WIDE PSYCHOLOGICAL TRAUMA. IT TRAINS CRITICAL MASSES (
	HEALTH AND MENTAL HEALTH PROFESSIONALS AND COMMUNITY LEADERS SO	
	THEY CAN HEAL PSYCHOLOGICAL TRAUMA AND STRESS IN AREAS DEVASTATED	
	WAR, POVERTY, VIOLENCE, AND NATURAL DISASTERS. OUR PUBLISHED RESI	
	HAS REPEATEDLY DEMONSTRATED DECREASES IN POST-TRAUMATIC STRESS DECREASES DEC	
	OF 80% OR MORE. CMBM HAS DEVELOPED LARGE-SCALE PROGRAMS IN KOSOVO	
	MACEDONIA, ISRAEL, GAZA, HAITI, WITH SYRIAN REFUGEES IN JORDAN, A	
	THE UNITED STATES WITH NYC FIREFIGHTERS POST 9/11, IN POST-KATRII	
	ORLEANS, WITH NATIVE AMERICANS IN THE MIDWEST AND WITH ACTIVE DU	
	MILITARY, VETERANS, AND THEIR FAMILIES. TOWARD THE END OF 2017, O	
	BEGAN A WELL FUNDED, MAJOR PROGRAM FOR TRAUMA RELIEF IN POST	CMDM
4b	000 400	02,570.)
40	(Code:) (Expenses \$ 988,490 including grants of \$) (Revenue \$) (Revenue \$	
	COMPREHENSIVE MINDBODY TRAINING PROGRAM IN THE UNITED STATES. IT	551
	COMBINES LARGE GROUP DIDACTIC TRAINING WITH OUR UNIQUE, SMALLGROUP	TD
	MODEL, MAKING IT POSSIBLE FOR HEALTHCARE PROFESSIONALS TO INTEGRA	
		HIS IS
		ORLD
		HEY
	<u> </u>	N THEIR
	WORK. BOTH EXPERIENTIAL AND EVIDENCEDBASED, THIS PROGRAM IS REWAI	
	AND TRANSFORMATIVE. THE ADVANCED PROFESSIONAL TRAINING AND MINDE	
	TEACHES PRACTITIONERS HOW TO TEACH MIND-BODY SKILLS GROUPS TO OTHER	
	AND UNDERSTAND HOW TO INTEGRATE THE CMBM MODEL INTO THEIR PROFES;	
40	F24 140	01,849.
40	(Code:) (Expenses \$ 534,148 • including grants of \$) (Revenue \$ // INSTITUTIONAL PARTNERSHIP-INSTITUTIONS PARTNER WITH CMBM TO BRING	
	MIND-BODY MEDICINE PROGRAM TO THEIR ORGANIZATIONS, HOSPITALS, SCI	
	OR COMMUNITIES WILL EXPERIENCE THE POSITIVE WELLNESS OF MIND-BODY	
	SKILLS, MOVEMENT, NUITRITION, AND CULINARY PRACTICES IN A CUSTOM:	
	PROGRAM.	
	I ROGIMET.	
4d	Other program services (Describe on Schedule O.)	
→u	(Expenses \$ 457,358 • including grants of \$) (Revenue \$ 327,461 •)	
4e	Total program service expenses 3,806,232.	
		orm 990 (2022)

Part IV Checklist of Required Schedules

			Yes	No
1	Is the organization described in section 501(c)(3) or 4947(a)(1) (other than a private foundation)?			
	If "Yes," complete Schedule A	1	X	<u> </u>
2	Is the organization required to complete Schedule B, Schedule of Contributors? See instructions	2	Х	
3	Did the organization engage in direct or indirect political campaign activities on behalf of or in opposition to candidates for			3,7
	public office? If "Yes," complete Schedule C, Part I	3		X
4	Section 501(c)(3) organizations. Did the organization engage in lobbying activities, or have a section 501(h) election in effect			,
_	during the tax year? If "Yes," complete Schedule C, Part II	4		X
5	Is the organization a section 501(c)(4), 501(c)(5), or 501(c)(6) organization that receives membership dues, assessments, or	_		x
•	similar amounts as defined in Rev. Proc. 98-19? If "Yes," complete Schedule C, Part III	5		
6	Did the organization maintain any donor advised funds or any similar funds or accounts for which donors have the right to			x
7	provide advice on the distribution or investment of amounts in such funds or accounts? If "Yes," complete Schedule D, Part I	6		
7	Did the organization receive or hold a conservation easement, including easements to preserve open space, the environment, historic land areas, or historic structures? If "Yes," complete Schedule D, Part II	7		x
8	Did the organization maintain collections of works of art, historical treasures, or other similar assets? If "Yes," complete			
0	Schedule D, Part III	8		x
9	Did the organization report an amount in Part X, line 21, for escrow or custodial account liability, serve as a custodian for			
5	amounts not listed in Part X; or provide credit counseling, debt management, credit repair, or debt negotiation services?			
	If "Yes," complete Schedule D, Part IV	9		X
10	Did the organization, directly or through a related organization, hold assets in donor-restricted endowments	Ť		
	or in quasi endowments? If "Yes," complete Schedule D, Part V	10		х
11	If the organization's answer to any of the following questions is "Yes," then complete Schedule D, Parts VI, VIII, VIII, IX, or X,			
	as applicable.			
а	Did the organization report an amount for land, buildings, and equipment in Part X, line 10? If "Yes," complete Schedule D,			
	Part VI	11a	Х	
b	Did the organization report an amount for investments - other securities in Part X, line 12, that is 5% or more of its total			
	assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VII	11b		Х
С	Did the organization report an amount for investments - program related in Part X, line 13, that is 5% or more of its total			
	assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VIII	11c		X
d	Did the organization report an amount for other assets in Part X, line 15, that is 5% or more of its total assets reported in			
	Part X, line 16? If "Yes," complete Schedule D, Part IX	11d		X
е	Did the organization report an amount for other liabilities in Part X, line 25? If "Yes," complete Schedule D, Part X	11e		Х
f	Did the organization's separate or consolidated financial statements for the tax year include a footnote that addresses			
	the organization's liability for uncertain tax positions under FIN 48 (ASC 740)? If "Yes," complete Schedule D, Part X	11f	Х	
12a	Did the organization obtain separate, independent audited financial statements for the tax year? If "Yes," complete		37	
	Schedule D, Parts XI and XII	12a	Х	
b	Was the organization included in consolidated, independent audited financial statements for the tax year?			 ₩
40	If "Yes," and if the organization answered "No" to line 12a, then completing Schedule D, Parts XI and XII is optional	12b		X
13	Is the organization a school described in section 170(b)(1)(A)(ii)? If "Yes," complete Schedule E	13 14a	X	
14a	Did the organization maintain an office, employees, or agents outside of the United States? Did the organization have aggregate revenues or expenses of more than \$10,000 from grantmaking, fundraising, business,	14a	21	
b	investment, and program service activities outside the United States, or aggregate foreign investments valued at \$100,000			
	or more? If "Yes," complete Schedule F, Parts I and IV	14b	Х	
15	Did the organization report on Part IX, column (A), line 3, more than \$5,000 of grants or other assistance to or for any	110		
	foreign organization? If "Yes," complete Schedule F, Parts II and IV	15	Х	
16	Did the organization report on Part IX, column (A), line 3, more than \$5,000 of aggregate grants or other assistance to			
	or for foreign individuals? If "Yes," complete Schedule F, Parts III and IV	16		Х
17	Did the organization report a total of more than \$15,000 of expenses for professional fundraising services on Part IX,			
	column (A), lines 6 and 11e? If "Yes," complete Schedule G, Part I. See instructions	17		Х
18	Did the organization report more than \$15,000 total of fundraising event gross income and contributions on Part VIII, lines			
	1c and 8a? If "Yes," complete Schedule G, Part II	18		X
19	Did the organization report more than \$15,000 of gross income from gaming activities on Part VIII, line 9a? If "Yes,"			
	complete Schedule G, Part III	19		X
	Did the organization operate one or more hospital facilities? If "Yes," complete Schedule H	20a		X
b	If "Yes" to line 20a, did the organization attach a copy of its audited financial statements to this return?	20b		<u> </u>
21	Did the organization report more than \$5,000 of grants or other assistance to any domestic organization or			
	domestic government on Part IX, column (A), line 1? If "Yes," complete Schedule I, Parts I and II	21		X

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	one shiet of frequency continued			
00	Did the examination report more than \$5,000 of grants or other assistance to or for demostic individuals on		Yes	No
22	Did the organization report more than \$5,000 of grants or other assistance to or for domestic individuals on Part IX, column (A), line 2? If "Yes," complete Schedule I, Parts I and III	22		x
23	Did the organization answer "Yes" to Part VII, Section A, line 3, 4, or 5, about compensation of the organization's current			
	and former officers, directors, trustees, key employees, and highest compensated employees? If "Yes," complete			
	Schedule J	23	Х	
2 4a	Did the organization have a tax-exempt bond issue with an outstanding principal amount of more than \$100,000 as of the			
	last day of the year, that was issued after December 31, 2002? If "Yes," answer lines 24b through 24d and complete			
	Schedule K. If "No," go to line 25a	24a		X
	Did the organization invest any proceeds of tax-exempt bonds beyond a temporary period exception?	24b		<u> </u>
С	Did the organization maintain an escrow account other than a refunding escrow at any time during the year to defease	١		
	any tax-exempt bonds?	24c		
	Did the organization act as an "on behalf of" issuer for bonds outstanding at any time during the year? Section 501(c)(3), 501(c)(4), and 501(c)(29) organizations. Did the organization engage in an excess benefit	24d		
2 5a	transaction with a disqualified person during the year? If "Yes," complete Schedule L, Part I	25a		x
b	Is the organization aware that it engaged in an excess benefit transaction with a disqualified person in a prior year, and	200		
-	that the transaction has not been reported on any of the organization's prior Forms 990 or 990-EZ? If "Yes," complete			
	Schedule L, Part I	25b		Х
26	Did the organization report any amount on Part X, line 5 or 22, for receivables from or payables to any current			
	or former officer, director, trustee, key employee, creator or founder, substantial contributor, or 35%			
	controlled entity or family member of any of these persons? If "Yes," complete Schedule L, Part II	26		X
27	Did the organization provide a grant or other assistance to any current or former officer, director, trustee, key employee,			
	creator or founder, substantial contributor or employee thereof, a grant selection committee member, or to a 35% controlled			Х
00	entity (including an employee thereof) or family member of any of these persons? If "Yes," complete Schedule L, Part III	27		<u> </u>
28	Was the organization a party to a business transaction with one of the following parties (see the Schedule L, Part IV, instructions for applicable filing thresholds, conditions, and exceptions):			
а	A current or former officer, director, trustee, key employee, creator or founder, or substantial contributor? <i>If</i>			
-	"Yes," complete Schedule L, Part IV	28a		X
b	A family member of any individual described in line 28a? If "Yes," complete Schedule L, Part IV	28b		Х
	A 35% controlled entity of one or more individuals and/or organizations described in line 28a or 28b?/f			
	"Yes," complete Schedule L, Part IV	28c		Х
29	Did the organization receive more than \$25,000 in non-cash contributions? If "Yes," complete Schedule M	29		Х
30	Did the organization receive contributions of art, historical treasures, or other similar assets, or qualified conservation			۱
	contributions? If "Yes," complete Schedule M	30		X
31	Did the organization liquidate, terminate, or dissolve and cease operations? If "Yes," complete Schedule N, Part I	31		Х
32	Did the organization sell, exchange, dispose of, or transfer more than 25% of its net assets? If "Yes," complete			Х
22	Schedule N, Part II	32		├^
33	Did the organization own 100% of an entity disregarded as separate from the organization under Regulations sections 301.7701-2 and 301.7701-3? If "Yes," complete Schedule R, Part I	33		x
34	sections 301.7701-2 and 301.7701-3? If "Yes," complete Schedule R, Part I	33		
٠.	Part V, line 1	34		x
35a	Did the organization have a controlled entity within the meaning of section 512(b)(13)?	35a		Х
	If "Yes" to line 35a, did the organization receive any payment from or engage in any transaction with a controlled entity			
	within the meaning of section 512(b)(13)? If "Yes," complete Schedule R, Part V, line 2	35b		<u> </u>
36	Section 501(c)(3) organizations. Did the organization make any transfers to an exempt non-charitable related organization?			
	If "Yes," complete Schedule R, Part V, line 2	36		X
37	Did the organization conduct more than 5% of its activities through an entity that is not a related organization			X
20	and that is treated as a partnership for federal income tax purposes? <i>If</i> "Yes," <i>complete Schedule R, Part VI</i>	37	-	├^
38	Did the organization complete Schedule O and provide explanations on Schedule O for Part VI, lines 11b and 19? Note: All Form 990 filers are required to complete Schedule O	38	X	
Pai	Note: All Form 990 filers are required to complete Schedule O	_ 55		
	Check if Schedule O contains a response or note to any line in this Part V			
			Yes	No
1a	Enter the number reported in box 3 of Form 1096. Enter -0- if not applicable			
b				
С	Did the organization comply with backup withholding rules for reportable payments to vendors and reportable gaming			
	(gambling) winnings to prize winners?	1c	X	

Part V Statements Regarding Other IRS Filings and Tax Compliance (continued)

				Yes	No
2a	Enter the number of employees reported on Form W-3, Transmittal of Wage and Tax Statements,				
	filed for the calendar year ending with or within the year covered by this return	2a 35			
b	If at least one is reported on line 2a, did the organization file all required federal employment tax retur	ns?	2b	Х	
За	Did the organization have unrelated business gross income of \$1,000 or more during the year?		3a		X
b	If "Yes," has it filed a Form 990-T for this year? If "No" to line 3b, provide an explanation on Schedule	0	3b		
4a	At any time during the calendar year, did the organization have an interest in, or a signature or other a	authority over, a			
	financial account in a foreign country (such as a bank account, securities account, or other financial	account)?	4a		Х
b	If "Yes," enter the name of the foreign country				
	See instructions for filing requirements for FinCEN Form 114, Report of Foreign Bank and Financial A	ccounts (FBAR).			
5a	Was the organization a party to a prohibited tax shelter transaction at any time during the tax year?		5a		X
b	Did any taxable party notify the organization that it was or is a party to a prohibited tax shelter transaction		5b		X
С	If "Yes" to line 5a or 5b, did the organization file Form 8886-T?		5с		
6a	Does the organization have annual gross receipts that are normally greater than \$100,000, and did the				37
	any contributions that were not tax deductible as charitable contributions?		6a		Х
b	If "Yes," did the organization include with every solicitation an express statement that such contribut	-			
_	were not tax deductible?		6b		
7	Organizations that may receive deductible contributions under section 170(c).		_		v
а	Did the organization receive a payment in excess of \$75 made partly as a contribution and partly for goods and ser		7a		Х
b	If "Yes," did the organization notify the donor of the value of the goods or services provided?		7b		
С	Did the organization sell, exchange, or otherwise dispose of tangible personal property for which it was to file Form 2000	•	70		х
d	to file Form 8282? If "Yes," indicate the number of Forms 8282 filed during the year	7d	7c		21
e	Did the organization receive any funds, directly or indirectly, to pay premiums on a personal benefit c		7e		
f	Did the organization, during the year, pay premiums, directly or indirectly, on a personal benefit contri		7f		
g g	If the organization received a contribution of qualified intellectual property, did the organization file Fo		7g		
h	If the organization received a contribution of cars, boats, airplanes, or other vehicles, did the organization		7h		
8	Sponsoring organizations maintaining donor advised funds. Did a donor advised fund maintained				
	sponsoring organization have excess business holdings at any time during the year?	-	8		
9	Sponsoring organizations maintaining donor advised funds.				
а	Did the sponsoring organization make any taxable distributions under section 4966?		9a		
b	Did the sponsoring organization make a distribution to a donor, donor advisor, or related person?		9b		
10	Section 501(c)(7) organizations. Enter:				
а	Initiation fees and capital contributions included on Part VIII, line 12	10a			
b	Gross receipts, included on Form 990, Part VIII, line 12, for public use of club facilities	10b			
11	Section 501(c)(12) organizations. Enter:	1			
а	Gross income from members or shareholders	11a			
b	Gross income from other sources. (Do not net amounts due or paid to other sources against				
	amounts due or received from them.)	11b			
	Section 4947(a)(1) non-exempt charitable trusts. Is the organization filing Form 990 in lieu of Form	ı	12a		
	If "Yes," enter the amount of tax-exempt interest received or accrued during the year	12b			
13	Is the organization licensed to issue qualified health plans in more than one state?		13a		
а	Note: See the instructions for additional information the organization must report on Schedule O.		IJa		
b	Enter the amount of reserves the organization is required to maintain by the states in which the				
-	organization is licensed to issue qualified health plans	13b			
С	Enter the amount of reserves on hand	13c			
14a			14a		X
	If "Yes," has it filed a Form 720 to report these payments? If "No," provide an explanation on Schedu		14b		
15	Is the organization subject to the section 4960 tax on payment(s) of more than \$1,000,000 in remune				
	excess parachute payment(s) during the year?		15		Х
	If "Yes," see the instructions and file Form 4720, Schedule N.				
16	Is the organization an educational institution subject to the section 4968 excise tax on net investment	t income?	16		Х
	If "Yes," complete Form 4720, Schedule O.				
17	Section 501(c)(21) organizations. Did the trust, or any disqualified or other person engage in any ac	tivities			
	that would result in the imposition of an excise tax under section 4951, 4952 or 4953?		17		
	If "Yes," complete Form 6069.			000	(0000)

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Part VI Governance, Management, and Disclosure. For each "Yes" response to lines 2 through 7b below, and for a "No" response to line 8a, 8b, or 10b below, describe the circumstances, processes, or changes on Schedule O. See instructions.

	Check if Schedule O contains a response or note to any line in this Part VI			X
Sec	tion A. Governing Body and Management			
			Yes	No
1a	Enter the number of voting members of the governing body at the end of the tax year 1a	7		
	If there are material differences in voting rights among members of the governing body, or if the governing			
	body delegated broad authority to an executive committee or similar committee, explain on Schedule O.			
b	Enter the number of voting members included on line 1a, above, who are independent 1b	5		
2	Did any officer, director, trustee, or key employee have a family relationship or a business relationship with any other			
	officer, director, trustee, or key employee?	2		Х
3	Did the organization delegate control over management duties customarily performed by or under the direct supervision			
_	of officers, directors, trustees, or key employees to a management company or other person?	3		Х
4	Did the organization make any significant changes to its governing documents since the prior Form 990 was filed?	4		X
5	Did the organization become aware during the year of a significant diversion of the organization's assets?	5		X
6	Did the organization have members or stockholders?	6		X
	Did the organization have members, stockholders, or other persons who had the power to elect or appoint one or	٣		
1 a		7a		х
h	more members of the governing body? Are any governance decisions of the organization reserved to (or subject to approval by) members, stockholders, or	1 a		
b		7b		x
8	Did the organization contemporaneously document the meetings held or written actions undertaken during the year by the following:	76		
		8a	Х	
	The governing body? Each committee with authority to act on behalf of the governing body?	8b	- 25	Х
b		OD		
9	Is there any officer, director, trustee, or key employee listed in Part VII, Section A, who cannot be reached at the organization's mailing address? If "Yes," provide the names and addresses on Schedule O	9		x
<u>Sac</u>	tion B. Policies (This Section B requests information about policies not required by the Internal Revenue Code.)	<u> </u>		- 22
000	tion B. I oncies (mis Section B requests information about policies not required by the internal nevertie code.)		Yes	No
100	Did the organization have local chapters, branches, or affiliates?	10a	163	X
		IUa		
b	If "Yes," did the organization have written policies and procedures governing the activities of such chapters, affiliates,	10b		
110	and branches to ensure their operations are consistent with the organization's exempt purposes?	11a	Х	
	Has the organization provided a complete copy of this Form 990 to all members of its governing body before filing the form? Describe on Schedule O the process, if any, used by the organization to review this Form 990.	Па	21	
		12a	х	
12a	Did the organization have a written conflict of interest policy? If "No," go to line 13	12a	X	
	Were officers, directors, or trustees, and key employees required to disclose annually interests that could give rise to conflicts?	120	21	
С	Did the organization regularly and consistently monitor and enforce compliance with the policy? If "Yes," describe	100	х	
40	on Schedule O how this was done	12c	X	
13	Did the organization have a written whistleblower policy?	13	X	
14	Did the organization have a written document retention and destruction policy?	14	Λ	
15	Did the process for determining compensation of the following persons include a review and approval by independent			
_	persons, comparability data, and contemporaneous substantiation of the deliberation and decision?	45-	v	
	The organization's CEO, Executive Director, or top management official	15a	X	
a	Other officers or key employees of the organization	15b	Λ	
40	If "Yes" to line 15a or 15b, describe the process on Schedule O. See instructions.			
16a	Did the organization invest in, contribute assets to, or participate in a joint venture or similar arrangement with a			v
_	taxable entity during the year?	16a		X
b	If "Yes," did the organization follow a written policy or procedure requiring the organization to evaluate its participation			
	in joint venture arrangements under applicable federal tax law, and take steps to safeguard the organization's			
	exempt status with respect to such arrangements?	16b		
	tion C. Disclosure List the states with which a copy of this Form 990 is required to be filed NONE			
17				
18	Section 6104 requires an organization to make its Forms 1023 (1024 or 1024-A, if applicable), 990, and 990-T (section 501(c)(3)s only) availa	able
	for public inspection. Indicate how you made these available. Check all that apply.			
	X Own website X Another's website Upon request Upon request Other (explain on Schedule O)			
19	Describe on Schedule O whether (and if so, how) the organization made its governing documents, conflict of interest policy, a	nd fina	ncial	
	statements available to the public during the tax year.			
20	State the name, address, and telephone number of the person who possesses the organization's books and records			
	THE CENTER - (202) 966-7338			
	5225 CONNECTICUT AVE., NW, #414, WASHINGTON, DC 20015			

232006 12-13-22

Part VII Compensation of Officers, Directors, Trustees, Key Employees, Highest Compensated Employees, and Independent Contractors

Check if Schedule O contains a response or note to any line in this Part VII

Section A. Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees

- 1a Complete this table for all persons required to be listed. Report compensation for the calendar year ending with or within the organization's tax year.
- List all of the organization's **current** officers, directors, trustees (whether individuals or organizations), regardless of amount of compensation. Enter -0- in columns (D), (E), and (F) if no compensation was paid.
 - List all of the organization's current key employees, if any. See the instructions for definition of "key employee."
- List the organization's five current highest compensated employees (other than an officer, director, trustee, or key employee) who received reportable compensation (box 5 of Form W-2, box 6 of Form 1099-MISC, and/or box 1 of Form 1099-NEC) of more than \$100,000 from the organization and any related organizations.
- List all of the organization's **former** officers, key employees, and highest compensated employees who received more than \$100,000 of reportable compensation from the organization and any related organizations.
- List all of the organization's **former directors or trustees** that received, in the capacity as a former director or trustee of the organization, more than \$10,000 of reportable compensation from the organization and any related organizations. See the instructions for the order in which to list the persons above.

Check this box if neither the organization n	1	orga T	anıza			пре	nsaı			(F)
(A)	(B)) Pos	C) ition	1		(D)	(E)	(F)
Name and title	Average	(do	heck	more	than	one	Reportable	Reportable	Estimated	
	hours per week	box, unless person is both an officer and a director/trustee)			or/trus	n an tee)	compensation from	compensation from related	amount of other	
	(list any	tor						the	organizations	compensation
	hours for	direc				pa		organization	(W-2/1099-MISC/	from the
	related	tee or	ustee			ensat		(W-2/1099-MISC/	1099-NEC)	organization
	organizations	al trus	nal tr		loyee	omp.		1099-NEC)		and related
	below	Individual trustee or director	Institutional trustee	Officer	Key employee	Highest compensated employee	mer			organizations
(1) JAMES S GORDON, MD	line) 40.00	트	<u>si</u>	₩	- Se	jj e	호			
CEO AND BOARD MEMBER	40.00	X		х				202,303.	0.	19,222.
(2) ROSEMARY MURRAIN	40.00	122						202,303.	0.	17,222
MANAGING DIRECTOR	40.00	X		х				172,519.	0.	9,231.
(3) DEBRA LEWIS KAPLAN, LCSW,LMFT	1.00							172/3130	•	3,231
BOARD MEMBER		x						0.	0.	0.
(4) MATHEW LOMBARD, JD	1.00	 							<u> </u>	
BOARD MEMBER		X						0.	0.	0.
(5) DENNIS J. JAFFE, PHD	1.00									
BOARD MEMBER		Х						0.	0.	0.
(6) BARBARA STOHLMAN	1.00									
BOARD MEMBER		Х						0.	0.	0.
(7) BARNABY MARSH, PHD	1.00									
BOARD MEMBER		Х						0.	0.	0.
(8) HARRY STOHLMAN	1.00									
BOARD MEMBER		Х						0.	0.	0.
		1								
		4								
		1								
		4								
		4								
		1								
		1								
		1								
		1								
	1							1		

Part VII Section A. Officers, Directors, Tru	stees, Key Em	ploy	/ees	, an	d Hi	ghe	st C	Compensated Employe	es (continued)				
(A)	(B)			(0	C)			(D)	(E)			(F)	
Name and title	Average	(do		Pos heck		than	one	Reportable	Reportable		Es	timate	:d
	hours per week					is bot or/trus		compensation	compensatio			nount (of
	(list any	Į.					Ė	from the	from related organizations		l	other pensa	tion
	hours for	direc				pe		organization	(W-2/1099-MIS			om the	
	related	tee or	ustee			ensat		(W-2/1099-MISC/	1099-NEC)		org	anizati	ion
	organizations	al trus	onal tr		loyee	comp		1099-NEC)				d relate	
	below line)	Individual trustee or director	Institutional trustee	Officer	Key employee	Highest compensated employee	Former				orga	anizatio	ons
		흐	Ë	5	- S	三	요						
		1											
		1											
		1											
		1											
		1											
		-											
		-											
dh Cubbatal								374,822.		0.	2	8,4	53
1b Subtotal c Total from continuation sheets to Part \								0.		0.		O , =	0.
d Total (add lines 1b and 1c)								374,822.		0.	2	8,4	
Total number of individuals (including but								<u> </u>	000 of reportab	-		• , -	
compensation from the organization	not infinted to ti	1000	, 11000	o u	5011	o, w.	10 11		,ooo or reportable				5
												Yes	No
3 Did the organization list any former office	, director, trust	ee, l	key e	emp	loye	e, or	hig	hest compensated emp	loyee on				
line 1a? If "Yes," complete Schedule J for											3		X
4 For any individual listed on line 1a, is the s	um of reportab	le co	omp	ensa	atior	n and	d otl	her compensation from	the organization				
and related organizations greater than \$15	50,000? If "Yes,	" co	mple	ete S	Sche	edule	e J f	for such individual			4	Х	
5 Did any person listed on line 1a receive or	•				-			_					
rendered to the organization? If "Yes," con	nplete Schedul	e J t	for st	ıch	pers	son .					5		X
Section B. Independent Contractors													
1 Complete this table for your five highest c	•	-								npens	ation 1	rom	
the organization. Report compensation fo	the calendar y	ear	endi	ng v	vith	or w	ithir T		year.				
(A) Name and busines	s address	N	INC	2				(B) Description of s	ervices	С)) compe	') nsatio	n
		-11	J111	_			_						
2 Total number of independent contractors		ot li	mite	d to		_	stec	d above) who received m	nore than				
\$100,000 of compensation from the organ	ization					0						000 ~	2000;
											-orm	990 (2	ZUZZ)

Pa	rt \	VIII	Statement of Re	ver	nue						
			Check if Schedule O	conta	ains a	respons	e or note to any li	ne in this Part VIII			
								(A) Total revenue	(B) Related or exempt function revenue	(C) Unrelated business revenue	(D) Revenue excluded from tax under sections 512 - 514
Contributions, Gifts, Grants and Other Similar Amounts	1	b c d e f	Membership dues Fundraising events Related organizations Government grants (contr All other contributions, gifts, similar amounts not included Noncash contributions included in	ributi grant abov	ions) ts, and	1g \$,388,424.	2,388,424.			
							Business Code				
Program Service Revenue	2	b c	CONTRACT REVE GOVERNMENT CO REGISTRATION	NT &	RAC TRA	ININ	611430 611430	359,083.	639,165. 359,083.		
Re			CERTIFICATION				611430	14,327.			
<u>o</u> _		-	SPEAKING ENGA				611430	4,950.			
-			All other program service					662.			
	_		Total. Add lines 2a-2f					2,112,936.			
	3 4		Investment income (include other similar amounts) Income from investment of				309.			309.	
	5	,	Royalties								
	6	а	Gross rents	6a	(i)	Real	(ii) Personal				
		b	Less: rental expenses	6b							
			Rental income or (loss)	6с							
			Net rental income or (loss) <u></u>							
	7	a	Gross amount from sales of		(i) Se	ecurities	(ii) Other				
			assets other than inventory	7a							
		b	Less: cost or other basis								
Revenue			and sales expenses	7b							
) Ve		С	Gain or (loss)	7с							
			Net gain or (loss)								
Other	8	а	Gross income from fundraising including \$			of					
			contributions reported on								
		_	Part IV, line 18				_				
			Less: direct expenses				-				
	_		Net income or (loss) from								
	9	а	Gross income from gamin	•							
			Part IV, line 19					-			
			Less: direct expenses				- 1				
	40		Net income or (loss) from				·····				
	10	а	Gross sales of inventory,								
		L	and allowances					-			
			Less: cost of goods sold								
-		C	Net income or (loss) from	sale	S OI III	rentory	Business Code				
Snc	11										
Miscellaneous Revenue	' '	a b									
ella ver											
Re		q	All other revenue								
Σ							•	+			
	12		Total. Add lines 11a-11d Total revenue. See instruction					4.501.669	2,112,936.	0.	309.
	12		TOTAL TOTOLING. OUT IIIOH UULIU	1110				1-, ,	,,		, 500.

232009 12-13-22

Part IX | Statement of Functional Expenses

Section 501(c)(3) and 501(c)(4) organizations must complete all columns. All other organizations must complete column (A).

)		(A)	this Part IX(B)	(C)	(D)
	not include amounts reported on lines 6b, 8b, 9b, and 10b of Part VIII.	Total expenses	Program service expenses	Management and general expenses	Fundraising expenses
1	Grants and other assistance to domestic organizations				
_	and domestic governments. See Part IV, line 21				
2	Grants and other assistance to domestic				
_	individuals. See Part IV, line 22				
3	Grants and other assistance to foreign				
	organizations, foreign governments, and foreign				
	individuals. See Part IV, lines 15 and 16				
4	Benefits paid to or for members				
5	Compensation of current officers, directors,	387,830.	206,576.	145,229.	36,025
	trustees, and key employees	307,030.	200,370.	143,223.	30,023
6	Compensation not included above to disqualified				
	persons (as defined under section 4958(f)(1)) and				
_	persons described in section 4958(c)(3)(B)	1,720,392.	1,138,404.	286,605.	295,383
7	Other salaries and wages	1,140,594.	1,130,404.	200,003.	4,3,303
8	Pension plan accruals and contributions (include section 401(k) and 403(b) employer contributions)				
0	, , , , , , , , , , , , , , , , , , ,	145,525.	70,163.	66,910.	8,452
9	Other employee benefits	166,183.	96,229.	45,643.	24,311
10 11	Payroll taxes Fees for services (nonemployees):	100,100.	, , , , , , , , , ,	±3,0±3•	24, JII
	Management	65,666.	12,554.	52,570.	542
b	Legal	25,562.	1,885.	23,677.	342
q	Accounting	23,302.	1,003.	23,0110	
	Lobbying Professional fundraising services. See Part IV, line 17				
f	Investment management fees				
g	Other. (If line 11g amount exceeds 10% of line 25,				
9	column (A), amount, list line 11g expenses on Sch 0.)	1,387,171.	1,219,399.	54,332.	113,440
12	Advertising and promotion	224,253.	24,901.	8,486.	190,866
13	Office expenses	50,485.	18,353.	28,301.	3,831
14	Information technology	52,610.	14,886.	34,510.	3,214
15	Royalties			02,0201	- 7
16	Occupancy	75,553.	41,331.	34,222.	
17	Travel	139,746.	110,463.	13,058.	16,225
18	Payments of travel or entertainment expenses				
	for any federal, state, or local public officials				
19	Conferences, conventions, and meetings	194,745.	185,586.	8,139.	1,020
20	Interest	443.	,	443.	, , , , , , , , , , , , , , , , , , , ,
21	Payments to affiliates	-		-	
22	Depreciation, depletion, and amortization	21,193.		21,193.	
23	Insurance	14,168.		14,168.	
24	Other expenses. Itemize expenses not covered	,			
	above. (List miscellaneous expenses on line 24e. If				
	line 24e amount exceeds 10% of line 25, column (A), amount, list line 24e expenses on Schedule 0.)				
а	ONLINE PRODUCTION	109,001.	73,088.	5,201.	30,712
b	CONTINUING EDUCATION CR	58,751.	58,751.	·	<u>-</u>
c	BANK FEES	24,160.	13,153.	11,007.	
d	SUBSCRIPTIONS, PUBLICAT	16,958.	3,750.	11,589.	1,619
	All other expenses	46,262.	516,760.	-172,065.	-298,433
25	Total functional expenses. Add lines 1 through 24e	4,926,657.	3,806,232.	693,218.	427,207
26	Joint costs. Complete this line only if the organization	-	-	-	<u>-</u>
	reported in column (B) joint costs from a combined				
	, , , ,				
	educational campaign and fundraising solicitation.	l	1	I	

Pai	rt X	Balance Sheet					
		Check if Schedule O contains a response or n	ote to ar	ny line in this Part X			
					(A) Beginning of year		(B) End of year
	1	Cash - non-interest-bearing		2,456,056.	1	787,513.	
	2	Savings and temporary cash investments				2	
	3	Pledges and grants receivable, net	300,015.	3	700,015.		
	4	Accounts receivable, net	417,340.	4	317,425.		
	5	Loans and other receivables from any current					
		trustee, key employee, creator or founder, sub					
		controlled entity or family member of any of th		5			
	6	Loans and other receivables from other disqua					
		under section 4958(f)(1)), and persons describ	ed in se	ction 4958(c)(3)(B)		6	
ţ	7	Notes and loans receivable, net				7	
Assets	8	Inventories for sale or use				8	
ğ	9	Prepaid expenses and deferred charges			21,663.	9	13,822.
	10a	Land, buildings, and equipment: cost or other					
		basis. Complete Part VI of Schedule D		113,784.			
	b	Less: accumulated depreciation		63,037.	63,013.	10c	50,747.
	11	Investments - publicly traded securities		11			
	12	Investments - other securities. See Part IV, line		12			
	13	Investments - program-related. See Part IV, lin		13			
	14	Intangible assets		14	142,213.		
	15	Other assets. See Part IV, line 11	413,551.	15	8,012.		
	16	Total assets. Add lines 1 through 15 (must ed			3,671,638.	16	2,019,747.
	17	Accounts payable and accrued expenses	88,017.	17	66,564.		
	18	Grants payable		18			
	19	Deferred revenue		766,000.	19	2,000.	
	20	Tax-exempt bond liabilities			20		
	21	Escrow or custodial account liability. Complete				21	
S	22	Loans and other payables to any current or fo					
Liabilities		trustee, key employee, creator or founder, sub					
abi		controlled entity or family member of any of th	ese pers	sons		22	
=	23	Secured mortgages and notes payable to unre				23	
	24	Unsecured notes and loans payable to unrelate	ed third	parties		24	
	25	Other liabilities (including federal income tax, p	ayables	to related third			
		parties, and other liabilities not included on lin	es 17-24). Complete Part X			
		of Schedule D			441,450.		0.
	26	Total liabilities. Add lines 17 through 25			1,295,467.	26	68,564.
<u></u>		Organizations that follow FASB ASC 958, cl					
Š		and complete lines 27, 28, 32, and 33.					
lan	27	Net assets without donor restrictions			1,346,663.	27	651,460.
Ba	28	Net assets with donor restrictions	1,029,508.	28	1,299,723.		
un		Organizations that do not follow FASB ASC	958, ch	eck here			
Ē		and complete lines 29 through 33.					
o S	29	Capital stock or trust principal, or current fund	s			29	
set	30	Paid-in or capital surplus, or land, building, or				30	
Net Assets or Fund Balances	31	Retained earnings, endowment, accumulated				31	
Ret	32	Total net assets or fund balances			2,376,171.	32	1,951,183.
_	33	Total liabilities and net assets/fund balances			3,671,638.	33	2,019,747.

Pa	rt XI Reconciliation of Net Assets					
	Check if Schedule O contains a response or note to any line in this Part XI					
			_			
1	Total revenue (must equal Part VIII, column (A), line 12)	1		.,50		
2	Total expenses (must equal Part IX, column (A), line 25)	2	4	,92		
3	Revenue less expenses. Subtract line 2 from line 1	3		-42		
4	Net assets or fund balances at beginning of year (must equal Part X, line 32, column (A))	4	2	37	<u>6,1</u>	<u>71.</u>
5	Net unrealized gains (losses) on investments	5				
6	Donated services and use of facilities	6				
7	Investment expenses	7				
8	Prior period adjustments	8				
9	Other changes in net assets or fund balances (explain on Schedule O)	9				0.
10	Net assets or fund balances at end of year. Combine lines 3 through 9 (must equal Part X, line 32,					
	column (B))	10	1	.,95	1,1	83.
Pa	rt XII Financial Statements and Reporting					
	Check if Schedule O contains a response or note to any line in this Part XII					
					Yes	No
1	Accounting method used to prepare the Form 990: Cash X Accrual Other					
	If the organization changed its method of accounting from a prior year or checked "Other," explain on Schedule	e O.				
2a	Were the organization's financial statements compiled or reviewed by an independent accountant?			2a		Х
	If "Yes," check a box below to indicate whether the financial statements for the year were compiled or reviewed	d on a				
	separate basis, consolidated basis, or both:					
	Separate basis Consolidated basis Both consolidated and separate basis					
b	Were the organization's financial statements audited by an independent accountant?			2b	X	
	If "Yes," check a box below to indicate whether the financial statements for the year were audited on a separat					
	consolidated basis, or both:					
	X Separate basis Consolidated basis Both consolidated and separate basis					
С	If "Yes" to line 2a or 2b, does the organization have a committee that assumes responsibility for oversight of th	e audit	t,			
	review, or compilation of its financial statements and selection of an independent accountant?			2c	X	
	If the organization changed either its oversight process or selection process during the tax year, explain on Sch	nedule	Ο.			
За	As a result of a federal award, was the organization required to undergo an audit or audits as set forth in the					
	Uniform Guidance, 2 C.F.R. Part 200, Subpart F?			3a		Х
b	If "Yes," did the organization undergo the required audit or audits? If the organization did not undergo the requ	ired au	ıdit			
	or audits, explain why on Schedule O and describe any steps taken to undergo such audits			3b		

SCHEDULE A

(Form 990)

Department of the Treasury Internal Revenue Service

Public Charity Status and Public Support Complete if the organization is a section 501(c)(3) organization or a section

Complete if the organization is a section 501(c)(3) organization or a section 4947(a)(1) nonexempt charitable trust.

Attach to Form 990 or Form 990-EZ.

Go to www.irs.gov/Form990 for instructions and the latest information.

Open to Public

OMB No. 1545-0047

pen to Public Inspection

Name of the organization

THE CENTER FOR MIND-BODY MEDICINE

Employer identification number 52-1755744

D	Double December Dublic Charity Charge (1)							
Pa	Part I Reason for Public Charity Status. (All organizations must complete this part.) See instructions.							
The	orgar	nization is not a private found	dation because it is: ((For lines 1 through 12, o	check only	one box.)		
1		A church, convention of ch	urches, or association	on of churches describe	d in sectio	n 170(b)(1)(A)(i).	
2		A school described in sect	ion 170(b)(1)(A)(ii). (Attach Schedule E (Forn	n 990).)			
3		A hospital or a cooperative)(b)(1)(A)(i	ii).	
4		A medical research organiz					•	the hospital's name
•		city, and state:	anon operated in co	nganosaon man a noopha				and market
5		<u> </u>	or the benefit of a co	llogo or university owner	d or opera	tod by a a	overnmental unit describ	and in
5		An organization operated for		niege of university owner	u or opera	ted by a g	overninental unit descri	Jeu III
_		section 170(b)(1)(A)(iv). (C						
6		A federal, state, or local go						
7	X	An organization that norma	ally receives a substa	antial part of its support t	rom a gov	ernmental	unit or from the general	l public described in
		section 170(b)(1)(A)(vi). (C	omplete Part II.)					
8		A community trust describe	ed in section 170(b)	(1)(A)(vi). (Complete Par	t II.)			
9		An agricultural research org	ganization described	in section 170(b)(1)(A)(ix) operate	ed in conju	unction with a land-grant	college
		or university or a non-land-	-			-	_	-
		university:	9			,	,,	,
10		An organization that norma	ally receives (1) more	than 33 1/30% of its sun	nort from	contributio	one momborehin fooe a	nd gross receipts from
10		-	•	•	-			- ·
		activities related to its exen						
		income and unrelated busin		e (less section 511 tax) fr	om busine	esses acqu	lired by the organization	after June 30, 1975.
		See section 509(a)(2). (Co						
11	Щ	An organization organized	and operated exclus	sively to test for public sa	ifety. See	section 50	09(a)(4).	
12		An organization organized	and operated exclus	sively for the benefit of, to	perform :	the function	ons of, or to carry out the	e purposes of one or
		more publicly supported or	ganizations describe	ed in section 509(a)(1) o	r section :	509(a)(2).	See section 509(a)(3).	Check the box on
		lines 12a through 12d that	describes the type of	of supporting organizatio	n and con	nplete line	s 12e, 12f, and 12g.	
а		Type I. A supporting orga	anization operated, s	supervised, or controlled	by its sup	ported or	ganization(s), typically by	y giving
		the supported organization	· · · · · · · · · · · · · · · · · · ·		•	-		-
		organization. You must o		* * * * * * * * * * * * * * * * * * * *	, ,			11 3
b		Type II. A supporting org	-		tion with it	te eunnort	ed organization(s), by ha	avina
			· ·					-
		control or management of			ame perso	ons mai co	ontrol or manage the sup	oported
		organization(s). You mus						
C	;							ed with,
	_	_ its supported organizatio	n(s) (see instructions	s). You must complete I	Part IV, Se	ections A,	D, and E.	
C		☐ Type III non-functionally	y integrated. A supp	oorting organization oper	ated in co	nnection \	vith its supported organ	ization(s)
		that is not functionally int	tegrated. The organiz	zation generally must sa	tisfy a dist	ribution re	quirement and an attent	tiveness
		requirement (see instruct	tions). You must cor	mplete Part IV, Sections	A and D,	and Part	V.	
е		Check this box if the orga	anization received a	written determination fro	m the IRS	that it is a	a Type I, Type II, Type III	
		functionally integrated, or						
f	Ente	er the number of supported of		, 3 11				
		vide the following information						
		(i) Name of supported	(ii) EIN	(iii) Type of organization	(iv) Is the orga	inization listed	(v) Amount of monetary	(vi) Amount of other
		organization	``	(described on lines 1-10	Yes	No	support (see instructions)	support (see instructions)
				above (see instructions))	163	140		
Tota	al							
							i	1

Part II Support Schedule for Organizations Described in Sections 170(b)(1)(A)(iv) and 170(b)(1)(A)(vi)

(Complete only if you checked the box on line 5, 7, or 8 of Part I or if the organization failed to qualify under Part III. If the organization fails to qualify under the tests listed below, please complete Part III.)

Sec	ction A. Public Support	71		,			
Cale	ndar year (or fiscal year beginning in)	(a) 2018	(b) 2019	(c) 2020	(d) 2021	(e) 2022	(f) Total
	Gifts, grants, contributions, and	, ,	` '	, ,	, ,	, ,	.,
	membership fees received. (Do not						
	include any "unusual grants.")	2743611.	2664350.	2214370.	2994199.	3027589.	13644119.
2	Tax revenues levied for the organ-						
	ization's benefit and either paid to						
	or expended on its behalf						
3	The value of services or facilities						
	furnished by a governmental unit to						
	the organization without charge	0.7.1.0.6.1.1	0664050	0044050	0004400	222522	10611110
4	Total. Add lines 1 through 3	2743611.	2664350.	2214370.	2994199.	3027589.	13644119.
5	The portion of total contributions						
	by each person (other than a						
	governmental unit or publicly						
	supported organization) included						
	on line 1 that exceeds 2% of the						
	amount shown on line 11,						
	column (f)						2704658.
	Public support. Subtract line 5 from line 4.						10939461.
	ction B. Total Support					<u> </u>	
	ndar year (or fiscal year beginning in)	(a) 2018	(b) 2019	(c) 2020 2214370.	(d) 2021 2994199.	(e) 2022	(f) Total 13644119.
	Amounts from line 4	2743611.	2664350.	2214370.	2994199.	302/589.	13644119.
8	Gross income from interest,						
	dividends, payments received on						
	securities loans, rents, royalties,	120	277	1 - 1	101	200	1 150
	and income from similar sources	130.	377.	151.	191.	309.	1,158.
9	Net income from unrelated business						
	activities, whether or not the						
	business is regularly carried on						
10	Other income. Do not include gain						
	or loss from the sale of capital						
	assets (Explain in Part VI.)						13645277.
	Total support. Add lines 7 through 10		`				$\frac{13043277.}{002,223.}$
12	Gross receipts from related activities,	•	,	6			,002,223.
13	First 5 years. If the Form 990 is for the						
Sec	organization, check this box and storection C. Computation of Publ		rcentage				<u></u>
	Public support percentage for 2022 (column (f))		14	80.17 %
	Public support percentage from 2021					15	78.10 %
	33 1/3% support test - 2022. If the o						
	stop here. The organization qualifies	•		•		•	
b							
	b 33 1/3 % support test - 2021. If the organization did not check a box on line 13 or 16a, and line 15 is 33 1/3% or more, check this box and stop here. The organization qualifies as a publicly supported organization						
17a	10% -facts-and-circumstances tes						
	and if the organization meets the fact	_					
	meets the facts-and-circumstances test. The organization qualifies as a publicly supported organization						
b	b 10% -facts-and-circumstances test - 2021. If the organization did not check a box on line 13, 16a, 16b, or 17a, and line 15 is 10% or						
	more, and if the organization meets the	ū				•	
	organization meets the facts-and-circumstances test. The organization qualifies as a publicly supported organization						
18	Private foundation. If the organization		-				
						0.1.1.4	(Earm 000) 2022

Schedule A (Form 990) 2022

Part III | Support Schedule for Organizations Described in Section 509(a)(2)

(Complete only if you checked the box on line 10 of Part I or if the organization failed to qualify under Part II. If the organization fails to qualify under the tests listed below, please complete Part II.)

Sec	ction A. Public Support	elow, please con	ipiete i ait ii.)				
	ndar year (or fiscal year beginning in)	(a) 2018	(b) 2019	(c) 2020	(d) 2021	(e) 2022	(f) Total
	Gifts, grants, contributions, and	,			, ,		,
	membership fees received. (Do not						
	include any "unusual grants.")						
2	Gross receipts from admissions,						
_	merchandise sold or services per-						
	formed, or facilities furnished in						
	any activity that is related to the organization's tax-exempt purpose						
2	Gross receipts from activities that						
	are not an unrelated trade or bus-						
4	Tax revenues levied for the organ-					+	
4	•						
	ization's benefit and either paid to or expended on its behalf						
_			+			+	
5	The value of services or facilities						
	furnished by a governmental unit to						
_	the organization without charge						
	Total. Add lines 1 through 5						
7 <i>a</i>	Amounts included on lines 1, 2, and						
	3 received from disqualified persons						
Ľ	Amounts included on lines 2 and 3 received from other than disqualified persons that						
	exceed the greater of \$5,000 or 1% of the						
	amount on line 13 for the year						
	Add lines 7a and 7b						
8	Public support. (Subtract line 7c from line 6.)						
	ction B. Total Support						i
	ndar year (or fiscal year beginning in)	(a) 2018	(b) 2019	(c) 2020	(d) 2021	(e) 2022	(f) Total
	Amounts from line 6						
10a	Gross income from interest,						
	dividends, payments received on securities loans, rents, royalties,						
	and income from similar sources						
b	Unrelated business taxable income						
	(less section 511 taxes) from businesses						
	acquired after June 30, 1975						
c	Add lines 10a and 10b						
	Net income from unrelated business						
	activities not included on line 10b,						
	whether or not the business is regularly carried on						
12	Other income. Do not include gain						
	or loss from the sale of capital						
13	assets (Explain in Part VI.)						
	First 5 years. If the Form 990 is for the	ne organization's '	I first second third	fourth or fifth tax	vear as a section	501(c)(3) organizat	ion
•	check this box and stop here	· ·		ŕ	•		.5.1,
Sec	ction C. Computation of Publ						
	Public support percentage for 2022 (column (f))		15	9,
	Public support percentage from 2021					16	9
	ction D. Computation of Investigation					1101	
	Investment income percentage for 20					17	9
	Investment income percentage from 2					18	9
	33 1/3% support tests - 2022. If the						
198							I / IS HOL
	more than 33 1/3%, check this box a						L
b	33 1/3% support tests - 2021. If the	•			•	•	
	line 18 is not more than 33 1/3%, che						
20	Private foundation. If the organization	n did not check a	a box on line 14, 19	a. or 19b. check t	his box and see i	nstructions	

232023 12-09-22

Part IV | Supporting Organizations

(Complete only if you checked a box on line 12 of Part I. If you checked box 12a, Part I, complete Sections A and B. If you checked box 12b, Part I, complete Sections A and C. If you checked box 12c, Part I, complete Sections A, D, and E. If you checked box 12d, Part I, complete Sections A and D, and complete Part V.)

Section A. All Supporting Organizations

- 1 Are all of the organization's supported organizations listed by name in the organization's governing documents? If "No," describe in Part VI how the supported organizations are designated. If designated by class or purpose, describe the designation. If historic and continuing relationship, explain.
- 2 Did the organization have any supported organization that does not have an IRS determination of status under section 509(a)(1) or (2)? If "Yes," explain in **Part VI** how the organization determined that the supported organization was described in section 509(a)(1) or (2).
- **3a** Did the organization have a supported organization described in section 501(c)(4), (5), or (6)? If "Yes," answer lines 3b and 3c below.
- **b** Did the organization confirm that each supported organization qualified under section 501(c)(4), (5), or (6) and satisfied the public support tests under section 509(a)(2)? If "Yes," describe in **Part VI** when and how the organization made the determination.
- c Did the organization ensure that all support to such organizations was used exclusively for section 170(c)(2)(B) purposes? If "Yes," explain in Part VI what controls the organization put in place to ensure such use.
- **4a** Was any supported organization not organized in the United States ("foreign supported organization")? *If* "Yes," and if you checked box 12a or 12b in Part I, answer lines 4b and 4c below.
- **b** Did the organization have ultimate control and discretion in deciding whether to make grants to the foreign supported organization? If "Yes," describe in **Part VI** how the organization had such control and discretion despite being controlled or supervised by or in connection with its supported organizations.
- c Did the organization support any foreign supported organization that does not have an IRS determination under sections 501(c)(3) and 509(a)(1) or (2)? If "Yes," explain in Part VI what controls the organization used to ensure that all support to the foreign supported organization was used exclusively for section 170(c)(2)(B) purposes.
- 5a Did the organization add, substitute, or remove any supported organizations during the tax year? If "Yes," answer lines 5b and 5c below (if applicable). Also, provide detail in Part VI, including (i) the names and EIN numbers of the supported organizations added, substituted, or removed; (ii) the reasons for each such action; (iii) the authority under the organization's organizing document authorizing such action; and (iv) how the action was accomplished (such as by amendment to the organizing document).
- **b** Type I or Type II only. Was any added or substituted supported organization part of a class already designated in the organization's organizing document?
- c Substitutions only. Was the substitution the result of an event beyond the organization's control?
- 6 Did the organization provide support (whether in the form of grants or the provision of services or facilities) to anyone other than (i) its supported organizations, (ii) individuals that are part of the charitable class benefited by one or more of its supported organizations, or (iii) other supporting organizations that also support or benefit one or more of the filing organization's supported organizations? If "Yes," provide detail in Part VI.
- 7 Did the organization provide a grant, loan, compensation, or other similar payment to a substantial contributor (as defined in section 4958(c)(3)(C)), a family member of a substantial contributor, or a 35% controlled entity with regard to a substantial contributor? If "Yes," complete Part I of Schedule L (Form 990).
- 8 Did the organization make a loan to a disqualified person (as defined in section 4958) not described on line 7? If "Yes," complete Part I of Schedule L (Form 990).
- 9a Was the organization controlled directly or indirectly at any time during the tax year by one or more disqualified persons, as defined in section 4946 (other than foundation managers and organizations described in section 509(a)(1) or (2))? If "Yes," provide detail in Part VI.
- **b** Did one or more disqualified persons (as defined on line 9a) hold a controlling interest in any entity in which the supporting organization had an interest? *If* "Yes," *provide detail in* **Part VI.**
- **c** Did a disqualified person (as defined on line 9a) have an ownership interest in, or derive any personal benefit from, assets in which the supporting organization also had an interest? *If* "Yes," *provide detail in* **Part VI.**
- **10a** Was the organization subject to the excess business holdings rules of section 4943 because of section 4943(f) (regarding certain Type II supporting organizations, and all Type III non-functionally integrated supporting organizations)? *If* "Yes," *answer line 10b below.*
 - **b** Did the organization have any excess business holdings in the tax year? (Use Schedule C, Form 4720, to determine whether the organization had excess business holdings.)

	Yes	No
1		
2		
3a		
3b		
3с		
4a		
4b		
4c		
5a		
Ju		
5b		
5c		
6		
7		
8		
9a		
Ja		
9b		
9с		
10a		
10b		

Par	rt IV Supporting Organizations _(continued)			
			Yes	No
11	Has the organization accepted a gift or contribution from any of the following persons?			
а	A person who directly or indirectly controls, either alone or together with persons described on lines 11b and			
	11c below, the governing body of a supported organization?	11a		
b	A family member of a person described on line 11a above?	11b		
С	A 35% controlled entity of a person described on line 11a or 11b above? If "Yes" to line 11a, 11b, or 11c, provide			
	detail in Part VI.	11c		
Sect	tion B. Type I Supporting Organizations			
			Yes	No
1	Did the governing body, members of the governing body, officers acting in their official capacity, or membership of			
	more supported organizations have the power to regularly appoint or elect at least a majority of the organization's o	fficers,		
	directors, or trustees at all times during the tax year? If "No," describe in Part VI how the supported organization(s) effectively operated, supervised, or controlled the organization's activities. If the organization had more than one sup	ported		
	organization, describe how the powers to appoint and/or remove officers, directors, or trustees were allocated among			
	supported organizations and what conditions or restrictions, if any, applied to such powers during the tax year.	1		
2	Did the organization operate for the benefit of any supported organization other than the supported			
	organization(s) that operated, supervised, or controlled the supporting organization? If "Yes," explain in			
	Part VI how providing such benefit carried out the purposes of the supported organization(s) that operated,			
	supervised, or controlled the supporting organization.	2		
Sect	tion C. Type II Supporting Organizations			
			Yes	No
1	Were a majority of the organization's directors or trustees during the tax year also a majority of the directors			
	or trustees of each of the organization's supported organization(s)? If "No," describe in Part VI how control			
	or management of the supporting organization was vested in the same persons that controlled or managed			
<u> </u>	the supported organization(s).	1		
Seci	tion D. All Type III Supporting Organizations			
			Yes	No
1	Did the organization provide to each of its supported organizations, by the last day of the fifth month of the			
	organization's tax year, (i) a written notice describing the type and amount of support provided during the prior tax			
	year, (ii) a copy of the Form 990 that was most recently filed as of the date of notification, and (iii) copies of the			
•	organization's governing documents in effect on the date of notification, to the extent not previously provided?	1		
2	Were any of the organization's officers, directors, or trustees either (i) appointed or elected by the supported			
	organization(s) or (ii) serving on the governing body of a supported organization? If "No," explain in Part VI how			
2	the organization maintained a close and continuous working relationship with the supported organization(s).	2		
3	By reason of the relationship described on line 2, above, did the organization's supported organizations have a significant voice in the organization's investment policies and in directing the use of the organization's			
	income or assets at all times during the tax year? If "Yes," describe in Part VI the role the organization's			
	supported organizations played in this regard.	3		
Sect	tion E. Type III Functionally Integrated Supporting Organizations			
1	Check the box next to the method that the organization used to satisfy the Integral Part Test during the yeafsee inst	ructions)		
' a	The organization satisfied the Activities Test. Complete line 2 below.	detions).		
b	The organization is the parent of each of its supported organizations. <i>Complete</i> line 3 <i>below</i> .			
c	The organization supported a governmental entity. Describe in Part VI how you supported a governmental entity.	itv (see instructio	ns).	
2	Activities Test. Answer lines 2a and 2b below.	., (Yes	No
a	Did substantially all of the organization's activities during the tax year directly further the exempt purposes of			-110
	the supported organization(s) to which the organization was responsive? If "Yes," then in Part VI identify			
	those supported organizations and explain how these activities directly furthered their exempt purposes,			
	how the organization was responsive to those supported organizations, and how the organization determined			
	that these activities constituted substantially all of its activities.	2a		
b				
	one or more of the organization's supported organization(s) would have been engaged in? If "Yes," explain in			
	Part VI the reasons for the organization's position that its supported organization(s) would have engaged in			
	these activities but for the organization's involvement.	2b		
3	Parent of Supported Organizations. Answer lines 3a and 3b below.			
	trustees of each of the supported organizations? If "Yes" or "No" provide details in Part VI.	3a		
h	Did the organization exercise a substantial degree of direction over the policies, programs, and activities of each			

Pai	t V Type III Non-Functionally Integrated 509(a)(3) Supporti	ng Orgar	nizations_			
1	Check here if the organization satisfied the Integral Part Test as a qualifying trust on Nov. 20, 1970 (explain in Part VI). See instructions.					
	All other Type III non-functionally integrated supporting organizations must complete Sections A through E.					
Sect	on A - Adjusted Net Income		(A) Prior Year	(B) Current Year (optional)		
1	Net short-term capital gain	1				
2	Recoveries of prior-year distributions	2				
3	Other gross income (see instructions)	3				
4	Add lines 1 through 3.	4				
5	Depreciation and depletion	5				
6	Portion of operating expenses paid or incurred for production or					
	collection of gross income or for management, conservation, or					
	maintenance of property held for production of income (see instructions)	6				
7	Other expenses (see instructions)	7				
8	Adjusted Net Income (subtract lines 5, 6, and 7 from line 4)	8				
Sect	on B - Minimum Asset Amount		(A) Prior Year	(B) Current Year (optional)		
1	Aggregate fair market value of all non-exempt-use assets (see					
	instructions for short tax year or assets held for part of year):					
а	Average monthly value of securities	1a				
b	Average monthly cash balances	1b				
С	Fair market value of other non-exempt-use assets	1c				
d	Total (add lines 1a, 1b, and 1c)	1d				
е	Discount claimed for blockage or other factors					
	(explain in detail in Part VI):					
2	Acquisition indebtedness applicable to non-exempt-use assets	2				
3	Subtract line 2 from line 1d.	3				
4	Cash deemed held for exempt use. Enter 0.015 of line 3 (for greater amount,					
	see instructions).	4				
5	Net value of non-exempt-use assets (subtract line 4 from line 3)	5				
6	Multiply line 5 by 0.035.	6				
7	Recoveries of prior-year distributions	7				
8	Minimum Asset Amount (add line 7 to line 6)	8				
Sect	on C - Distributable Amount			Current Year		
1	Adjusted net income for prior year (from Section A, line 8, column A)	1				
2	Enter 0.85 of line 1.	2				
3	Minimum asset amount for prior year (from Section B, line 8, column A)	3				
4	Enter greater of line 2 or line 3.	4				
5	Income tax imposed in prior year	5				
6	Distributable Amount. Subtract line 5 from line 4, unless subject to					
	emergency temporary reduction (see instructions).	6				
7	Check here if the current year is the organization's first as a non-function	ally integrate	ed Type III supporting ora	anization (see		
	instructions).					

Schedule A (Form 990) 2022

Part V Type III Non-Functionally Integrated 509(a)(3) Supporting Organizations (continued)							
Section D - Distributions Current Year							
1	Amounts paid to supported organizations to accomplish exe	mpt purposes		1			
2	Amounts paid to perform activity that directly furthers exemp	ot purposes of supported					
	organizations, in excess of income from activity			2			
3	Administrative expenses paid to accomplish exempt purpose	es of supported organizatior	าร	3			
4	Amounts paid to acquire exempt-use assets			4			
5	Qualified set-aside amounts (prior IRS approval required - pro	ovide details in Part VI)		5			
6	Other distributions (describe in Part VI). See instructions.			6			
7	Total annual distributions. Add lines 1 through 6.			7			
8	Distributions to attentive supported organizations to which the	he organization is responsiv	е				
	(provide details in Part VI). See instructions.			8			
9	Distributable amount for 2022 from Section C, line 6			9			
10	Line 8 amount divided by line 9 amount			10			
Secti	on E - Distribution Allocations (see instructions)	(i) Excess Distributions	(ii) Underdistribution Pre-2022	ıs	(iii) Distributable Amount for 2022		
1	Distributable amount for 2022 from Section C, line 6						
2	Underdistributions, if any, for years prior to 2022 (reason-						
	able cause required - explain in Part VI). See instructions.						
3	Excess distributions carryover, if any, to 2022						
а	From 2017						
b	From 2018						
c	From 2019						
d	From 2020						
e	From 2021						
f	Total of lines 3a through 3e						
<u>g</u>	Applied to underdistributions of prior years						
h	Applied to 2022 distributable amount						
<u>i</u>	Carryover from 2017 not applied (see instructions)						
j_	Remainder. Subtract lines 3g, 3h, and 3i from line 3f.						
4	Distributions for 2022 from Section D,						
	line 7: \$						
a	Applied to underdistributions of prior years						
b	Applied to 2022 distributable amount						
C	Remainder. Subtract lines 4a and 4b from line 4.						
5	Remaining underdistributions for years prior to 2022, if						
	any. Subtract lines 3g and 4a from line 2. For result greater						
	than zero, explain in Part VI. See instructions.						
6	Remaining underdistributions for 2022. Subtract lines 3h						
	and 4b from line 1. For result greater than zero, explain in						
	Part VI. See instructions.						
7	Excess distributions carryover to 2023. Add lines 3j						
	and 4c.						
8_	Breakdown of line 7:						
a	Excess from 2018						
	Excess from 2019						
c	Excess from 2020						
	Excess from 2021						
е	Excess from 2022						

Schedule A (Form 990) 2022

Part VI	Supplemental Information Describe the evaluations required by Dark II like 10. Dark II like 175 or 176. Dark III like 10.
T GIT VI	Supplemental Information. Provide the explanations required by Part II, line 10; Part II, line 17a or 17b; Part III, line 12; Part IV, Section A, lines 1, 2, 3b, 3c, 4b, 4c, 5a, 6, 9a, 9b, 9c, 11a, 11b, and 11c; Part IV, Section B, lines 1 and 2; Part IV, Section C, line 1; Part IV, Section D, lines 2 and 3; Part IV, Section E, lines 1c, 2a, 2b, 3a, and 3b; Part V, line 1; Part V, Section B, line 1e; Part V, Section D, lines 5, 6, and 8; and Part V, Section E, lines 2, 5, and 6. Also complete this part for any additional information.
	(See instructions.)

Schedule B (Form 990)

Schedule of Contributors

OMB No. 1545-0047

Employer identification number

2022

Schedule B (Form 990) (2022)

Department of the Treasury Internal Revenue Service

Name of the organization

Attach to Form 990 or Form 990-PF.
Go to www.irs.gov/Form990 for the latest information.

THE CENTER FOR MIND-BODY MEDICINE

LHA For Paperwork Reduction Act Notice, see the instructions for Form 990, 990-EZ, or 990-PF.

Organization type (check one):							
Filers of	:	Section:					
Form 99	0 or 990-EZ	$\boxed{\textbf{X}}$ 501(c)(3) (enter number) organization					
		4947(a)(1) nonexempt charitable trust not treated as a private foundation					
		527 political organization					
Form 99	0-PF	501(c)(3) exempt private foundation					
		4947(a)(1) nonexempt charitable trust treated as a private foundation					
		501(c)(3) taxable private foundation					
		covered by the General Rule or a Special Rule . 7), (8), or (10) organization can check boxes for both the General Rule and a Special Rule. See instructions.					
General	Rule						
		filing Form 990, 990-EZ, or 990-PF that received, during the year, contributions totaling \$5,000 or more (in money or one contributor. Complete Parts I and II. See instructions for determining a contributor's total contributions.					
Special	Rules						
X	sections 509(a)(1) a contributor, during	described in section 501(c)(3) filing Form 990 or 990-EZ that met the 33 1/3% support test of the regulations under and 170(b)(1)(A)(vi), that checked Schedule A (Form 990), Part II, line 13, 16a, or 16b, and that received from any one the year, total contributions of the greater of (1) \$5,000; or (2) 2% of the amount on (i) Form 990, Part VIII, line 1h; line 1. Complete Parts I and II.					
	contributor, during literary, or educatio	described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one the year, total contributions of more than \$1,000 exclusively for religious, charitable, scientific, nal purposes, or for the prevention of cruelty to children or animals. Complete Parts I (entering instead of the contributor name and address), II, and III.					
	For an organization described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, during the year, contributions exclusively for religious, charitable, etc., purposes, but no such contributions totaled more than \$1,000. If this box is checked, enter here the total contributions that were received during the year for an exclusively religious, charitable, etc., purpose. Don't complete any of the parts unless the General Rule applies to this organization because it received nonexclusively religious, charitable, etc., contributions totaling \$5,000 or more during the year\$						
answer "	'No" on Part IV, line	at isn't covered by the General Rule and/or the Special Rules doesn't file Schedule B (Form 990), but it must 2, of its Form 990; or check the box on line H of its Form 990-EZ or on its Form 990-PF, Part I, line 2, to certify requirements of Schedule B (Form 990).					

Name of organization Employer identification number

THE CENTER FOR MIND-BODY MEDICINE

Part I	Contributors (see instructions). Use duplicate copies of Part I if additional	l space is needed.	
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
1		\$ 100,000.	Person X Payroll
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
2		\$\$	Person X Payroll
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
3		\$ 100,000.	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
4	- Training duding to grant 2 in 1 in 1	\$ 60,000.	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
5		\$\$	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
6		\$ 200,000.	Person X Payroll

Name of organization

Employer identification number

THE CENTER FOR MIND-BODY MEDICINE

Part I	Contributors (see instructions). Use duplicate copies of Part I if additional	al space is needed.	
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
7		\$600,000.	Person X Payroll Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
8		\$\$	Person X Payroll
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
9		\$\$	Person Payroll Noncash X (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
		\$	Person Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
		\$	Person Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
		\$	Person Payroll Noncash (Complete Part II for noncash contributions.)

Name of organization Employer identification number

THE CENTER FOR MIND-BODY MEDICINE

Part II	Noncash Property (see instructions). Use duplicate copies of Part II is	f additional space is needed.	
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received
9	4750 SHARES OF GILEAD SCIENCES INC,	-	
		\$ 297,113.	06/09/22
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received
		- - - - \$	
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received
		- - - - - - - -	
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received
		- - - - \$	
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received
		- - - - \$	
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received
		- - - - \$	

Name of organization Employer identification number

THE CENTER FOR MIND-BODY MEDICINE

Part III		ons to organizations desc		01(c)(7), (8), or (10) that total more than \$1,000 for the year						
	from any one contributor. Complete columns (a)	through (e) and the following	ng line entry. For o	ganizations e year. (Enter this info. once.) \$						
	Use duplicate copies of Part III if additional s	space is needed.	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,							
(a) No. from Part I	(b) Purpose of gift	(c) Use of	gift	(d) Description of how gift is held						
- raiti				_						
		(e) Trans	fer of gift							
	Transferee's name, address, ar	nd 7 ID ± 4	D	elationship of transferor to transferee						
f	Transferee 3 name, address, ar	IU ZII T T		claudising of a disserver to a disserve						
(a) Na										
(a) No. from	(b) Purpose of gift	(c) Use of	gift	(d) Description of how gift is held						
Part I										
		-	_							
	(e) Transfer of gift									
	Transferrada noma addresa ar	- J 7ID . 4	ь							
-	Transferee's name, address, ar	10 ZIP + 4	H.	elationship of transferor to transferee						
				_						
()))										
(a) No. from	(b) Purpose of gift	(c) Use of	gift	(d) Description of how gift is held						
Part I										
		-	_							
		(e) Trans	fer of gift							
	Transferee's name, address, ar	ad 7 ID + 4	D	elationship of transferor to transferee						
-	Transieree's fiame, address, ar	IU ZIF T T	, n							
(a) No										
(a) No. from Part I	(b) Purpose of gift	(c) Use of	gift	(d) Description of how gift is held						
Parti										
	(e) Transfer of gift									
	Transferee's name, address, ar	nd 7IP ± 4	D.	elationship of transferor to transferee						
}	11 GHS161 66 3 Hallie, audi 655, di	M & H T T	, n	organisms of dansieror to dansieree						

SCHEDULE D (Form 990)

Department of the Treasury Internal Revenue Service

Supplemental Financial Statements
Complete if the organization answered "Yes" on Form 990,
Part IV, line 6, 7, 8, 9, 10, 11a, 11b, 11c, 11d, 11e, 11f, 12a, or 12b. Attach to Form 990.

Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No. 1545-0047

Inspection

Name of the organization

THE CENTER FOR MIND-BODY MEDICINE

Employer identification number 52-1755744

Par	t I Organizations Maintaining Donor Advise	ed Funds or Other S	Similar Funds or A	Accounts. Complete if the
	organization answered "Yes" on Form 990, Part IV, lir	ne 6.		
		(a) Donor advised	d funds	(b) Funds and other accounts
1	Total number at end of year			
2	Aggregate value of contributions to (during year)			
3	Aggregate value of grants from (during year)			
4	Aggregate value at end of year			
5	Did the organization inform all donors and donor advisors in	writing that the assets he	eld in donor advised fur	nds
	are the organization's property, subject to the organization's	exclusive legal control?		Yes No
6	Did the organization inform all grantees, donors, and donor a	advisors in writing that gra	ant funds can be used	only
	for charitable purposes and not for the benefit of the donor of	or donor advisor, or for ar	y other purpose confe	rring
_	impermissible private benefit?			
Par		•	s" on Form 990, Part IV	, line 7.
1	Purpose(s) of conservation easements held by the organizat		I	
	Preservation of land for public use (for example, recrea	ation or education)	1	orically important land area
	Protection of natural habitat		Preservation of a cert	ified historic structure
	Preservation of open space			
2	Complete lines 2a through 2d if the organization held a quali	ified conservation contrib	ution in the form of a co	
	day of the tax year.			Held at the End of the Tax Year
	Total number of conservation easements			2a
b				2b
С.	Number of conservation easements on a certified historic str			2c
d	Number of conservation easements included in (c) acquired	· · · · · · · · · · · · · · · · · · ·		
_	historic structure listed in the National Register			2d
3	Number of conservation easements modified, transferred, re	eleased, extinguished, or i	erminated by the organ	nization during the tax
4	Number of states where property subject to concernation of	acoment is leasted		
4 5	Number of states where property subject to conservation ea Does the organization have a written policy regarding the pe		ion handling of	
3	violations, and enforcement of the conservation easements			Yes No
6	Staff and volunteer hours devoted to monitoring, inspecting,			
Ŭ	ctan and volunteer nears devoted to morntoning, inspecting,	, manding of violations, a	ia cinorollig conscivati	on casements daming the year
7	Amount of expenses incurred in monitoring, inspecting, hand	dling of violations, and en	forcing conservation ea	asements during the year
	3, 1 3,	,	3	3 ,
8	Does each conservation easement reported on line 2(d) abor	ve satisfy the requiremen	ts of section 170(h)(4)(E	3)(i)
	and section 170(h)(4)(B)(ii)?			Yes No
9	In Part XIII, describe how the organization reports conservat			
	balance sheet, and include, if applicable, the text of the foot	note to the organization's	financial statements th	nat describes the
	organization's accounting for conservation easements.			
Par	t III Organizations Maintaining Collections of	•	easures, or Other	Similar Assets.
	Complete if the organization answered "Yes" on Form	n 990, Part IV, line 8.		
1a	If the organization elected, as permitted under FASB ASC 95	58, not to report in its rev	enue statement and ba	lance sheet works
	of art, historical treasures, or other similar assets held for pu	blic exhibition, education	, or research in furthera	ince of public
	service, provide in Part XIII the text of the footnote to its fina			
b	If the organization elected, as permitted under FASB ASC 98			
	art, historical treasures, or other similar assets held for public	c exhibition, education, or	research in furtherand	e of public service,
	provide the following amounts relating to these items:			
	(i) Revenue included on Form 990, Part VIII, line 1			
	(ii) Assets included in Form 990, Part X			
2	If the organization received or held works of art, historical tre		·	provide
	the following amounts required to be reported under FASB A			•
a	Revenue included on Form 990, Part VIII, line 1			
	Assets included in Form 990, Part X			
LHA	For Paperwork Reduction Act Notice, see the Instruction	is for Form 990.		Schedule D (Form 990) 2022

Pai	t III Organizations Maintaining C	collections of A	rt, Hist	orical Tr	easures, o	r Other	Similar	Asset	ts (contir	nued)	
3	Using the organization's acquisition, accessi	on, and other record	ds, check	any of the	following that	make sig	nificant us	e of its			
	collection items (check all that apply):										
а	Public exhibition	d	ı <u> </u>	oan or exc	hange progra	m					
b	Scholarly research	е	, []	Other							
С	Preservation for future generations										
4	Provide a description of the organization's co	ollections and explai	n how th	ey further t	he organizatio	n's exem	pt purpose	in Part	XIII.		
5	During the year, did the organization solicit of								,	_	
	to be sold to raise funds rather than to be ma								Yes		No
Pai	t IV Escrow and Custodial Arran	-	ete if the	organizatio	on answered "	Yes" on F	orm 990, P	Part IV, I	ine 9, or		
	reported an amount on Form 990, Pa	rt X, line 21.									
1a	Is the organization an agent, trustee, custod		•						1		ı
	on Form 990, Part X?							L	Yes		No
b	If "Yes," explain the arrangement in Part XIII	and complete the fo	ollowing to	able:							
									Amoun	t	
	Beginning balance										
	Additions during the year										
е	Distributions during the year										
f	Ending balance						1f		1		
	Did the organization include an amount on F						y?	🖳	Yes	\vdash	No
	If "Yes," explain the arrangement in Part XIII.										
Pai	T V Endowment Funds. Complete i							o book	(-) Four	. vooro k	2001
		(a) Current year	(b) Pi	rior year	(c) Two years	S Dack (C	i) Tillee year	S Dack	(e) Four	years i	Jack
1a	Beginning of year balance										
b	Contributions										
С	Net investment earnings, gains, and losses										
	Grants or scholarships										
е	Other expenditures for facilities										
	and programs										
f	Administrative expenses										
g	End of year balance		<i></i>								
2	Provide the estimated percentage of the cur			g, column (a	a)) held as:						
а	Board designated or quasi-endowment		_%								
b	Permanent endowment	%									
С		%									
_	The percentages on lines 2a, 2b, and 2c sho										
За	Are there endowment funds not in the posse	ession of the organiz	ation tha	t are held a	and administer	ed for the	€		ı	Yes	Na
	organization by:									162	No
	(i) Unrelated organizations								3a(i)	-	
	(ii) Related organizations								3a(ii)		
_	If "Yes" on line 3a(ii), are the related organiza								3b		
Dai	T VI Land, Buildings, and Equipm		owment t	unas.							
rai	Complete if the organization answere) Dart IV	lina 11a 9	See Form 990	Dart Y lii	ne 10				
		1							/d\ Doo	le velue	
	Description of property	(a) Cost or o basis (investr			t or other (other)		cumulated eciation		(d) Boo	r value	,
12	Land	'		54010	(50.101)	асрі	23/41/011				
	Land										
	Buildings				+						
d				1	.8,845.		7,218	3.	1	1,62	27.
	Equipment Other				4,939.		55,819			$\frac{1}{9}, \frac{02}{12}$	
	. Add lines 1a through 1e. (Column (d) must e		X colum			•	,	+		0,74	
IJIA	in Add in too Ta till ough Te. (Ooldinin (a) Must e	quair oiiii ooo, i ait	r, coluit	(<i>D)</i> , III IG						- , , .	- • •

Schedule D (Form 990) 2022

	(Form 990) 2022			FUK	MIND-PODI	MEDICINE	32-1/33/44	Page		
Part VII	Investments -	- Other Se	curities.							
	Complete if the organization answered "Yes" on Form 990, Part IV, line 11b. See Form 990, Part X, line 12.									
(a) Descrip	tion of security or cate	egory (including i	name of security)	(b) Book value	(c) Method of valuation: Cost	t or end-of-year market v	value		
	•							•		

_(a) Description of Security of Category (including name of security)	(b) Book value	(c) Method of valuation: Cost or end-of-year market value
(1)	Financial derivatives		
(2)	Closely held equity interests		
(3)	Other		
	(A)		
	(B)		
	(C)		
	(D)		
	(E)		
	(F)		
	(G)		
	(H)		

Total. (Col. (b) must equal Form 990, Part X, col. (B) line 12.)

Part VIII Investments - Program Related.

Complete if the organization answered "Yes" on Form 990, Part IV, line 11c. See Form 990, Part X, line 13.

(a) Description of investment	(b) Book value	(c) Method of valuation: Cost or end-of-year market value
(1)		
(2)		
(3)		
(4)		
(5)		
(6)		
(7)		
(8)		
(9)		
Total. (Col. (b) must equal Form 990, Part X, col. (B) line 13.)		

Part IX Other Assets.

Complete if the organization answered "Yes" on Form 990, Part IV, line 11d. See Form 990, Part X, line 15.

(a) Description	(b) Book value
(1)	
(2)	
(3)	
(4)	
(5)	
(6)	
(7)	
(8)	
(9)	

Total. (Column (b) must equal Form 990, Part X, col. (B) line 15.)

Part X Other Liabilities.

Complete if the organization answered "Yes" on Form 990, Part IV, line 11e or 11f. See Form 990, Part X, line 25.

1.	(a) Description of liability	(b) Book value
(1)	Federal income taxes	
(2)		
(3)		
(4)		
(5)		
(6)		
(7)		
(8)		
(9)		
Total.	(Column (b) must equal Form 990, Part X, col. (B) line 25.)	

Liability for uncertain tax positions. In Part XIII, provide the text of the footnote to the organization's financial statements that reports the organization's liability for uncertain tax positions under FASB ASC 740. Check here if the text of the footnote has been provided in Part XIII... X

Schedule D (Form 990) 2022

Pai	t XI Reconciliation of Revenue per Audited Financial Stat	ements With	Revenue per F	Return) .
	Complete if the organization answered "Yes" on Form 990, Part IV, line	12a.			
1	Total revenue, gains, and other support per audited financial statements			1	4,528,123.
2	Amounts included on line 1 but not on Form 990, Part VIII, line 12:				
а	Net unrealized gains (losses) on investments				
b	Donated services and use of facilities		26,454.		
С	Recoveries of prior year grants				
d	Other (Describe in Part XIII.)	2d			06 454
е	Add lines 2a through 2d			2e	26,454.
3	Subtract line 2e from line 1			3	4,501,669.
4	Amounts included on Form 990, Part VIII, line 12, but not on line 1:	1 1			
а	Investment expenses not included on Form 990, Part VIII, line 7b			-	
b	Other (Describe in Part XIII.)				0
С	Add lines 4a and 4b			4c	0.
5	Total revenue. Add lines 3 and 4c. (This must equal Form 990, Part I, line 12.)			5	4,501,669.
Pa	rt XII Reconciliation of Expenses per Audited Financial Sta		i Expenses per	Retu	rn.
	Complete if the organization answered "Yes" on Form 990, Part IV, line				/ OF2 111
1	Total expenses and losses per audited financial statements			1	4,953,111.
2	Amounts included on line 1 but not on Form 990, Part IX, line 25:	ا م ا	26 454		
a	Donated services and use of facilities		26,454.	4	
b	Prior year adjustments			-	
C	Other losses			-	
d	Other (Describe in Part XIII.)	' <u>'</u>		ا م	26,454.
_	Add lines 2a through 2d			2e	4,926,657.
3	Subtract line 2e from line 1 Amounts included on Form 990, Part IX, line 25, but not on line 1:			3	4,520,057
4	Investment expenses not included on Form 990, Part VIII, line 7b	4a			
a b	Other (Describe in Part XIII.)			-	
		·		4c	0.
	Add lines 4a and 4b Total expenses. Add lines 3 and 4c . (<i>This must equal Form 990, Part I, line 18</i> .			5	4,926,657.
	rt XIII Supplemental Information.	,			
	de the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and 4;	Part IV lines 1b	and 2b: Part V line	4· Part	X line 2: Part XI
	2d and 4b; and Part XII, lines 2d and 4b. Also complete this part to provide any			.,	7, 2, 1 2 7,
		•			
PAI	RT X, LINE 2:				
THI	E FINANCIAL ACCOUNTING STANDARD BOARD (F	FASB) REL	EASED FASE	AS(C 740-10,
INC	COME TAXES, THAT PROVIDE GUIDANCE FOR RE	EPORTING	UNCERTAINT	II Y'	N INCOME
		_			
TA	KES. FOR THE YEAR ENDED DECEMBER 31, 202	22, CMBM	HAS DOCUME	INTE	DITS
COI	NSIDERATION OF FASB ASC 740-10 AND DETER	RMINED TH	AT NO MATE	RIA	L UNCERTAIN
'I'A	K PROVISIONS QUALIFY FOR EITHER RECOGNIT	TON OR D	ISCLOSURE	TN '	LHE
F.TI	NANCIAL STATEMENTS.				
рΔΙ	RT XII, LINE 4B - OTHER ADJUSTMENTS:				
1 71	XI XII, DINE 4D OTHER ADOUGHENTS:				
RO	JNDING				

Schedule D Form 9909 2022	Schedule D	(Form 990) 2022	\mathtt{THE}	CENTER	FOR	MIND-BODY	MEDICINE	52-1755744 Page 5
	Part XIII	Supplemental Info	rmation	(continued)				<u> </u>
				,				
	-							
	_							
	_							

SCHEDULE F (Form 990)

Statement of Activities Outside the United States

Complete if the organization answered "Yes" on Form 990, Part IV, line 14b, 15, or 16. Attach to Form 990.

OMB No. 1545-0047

Department of the Treasury Internal Revenue Service

Name of the organization

Go to www.irs.gov/Form990 for instructions and the latest information.

Inspection

THE CENTER FOR MIND-RODY MEDICINE

Employer identification number

52-1755744

THE CENTER FOR	MIND DOD	I MEDICI	11/1	32-173374	4
Part I General Infor	mation on A	ctivities Ou	tside the United States. Comple	ete if the organization answered "Y	es" on
Form 990, Part IV	/, line 14b.				
1 For grantmakers. Does	the organization	n maintain recor	ds to substantiate the amount of its gr		
the grantees' eligibility for	or the grants or a	assistance, and	the selection criteria used to award the	e grants or assistance? X	Yes No
2 Far grantmakera Door	ribe in Dort V the	organization's	negatives for monitoring the use of its	a granta and other assistance cuts	ido tho
2 For grantmakers. Desc United States.	nbe in Part v the	e organization s	procedures for monitoring the use of it	s grants and other assistance outs	side trie
	aa fallawina Dari	. I lina 2 tabla a	an be duplicated if additional space is	acadad \	
3 Activities per Region. (The (a) Region			(d) Activities conducted in the region		(f) Total
(a) region	offices	employees,	(by type) (such as, fundraising, pro-	is a program service,	expenditures
	in the region	agents, and independent	gram services, investments, grants to		for and investments
		contractors in the region	recipients located in the region)	of service(s) in the region	in the region
			PROGRAM: POPULATION-WIDE	THE GLOBAL TRAUMA RELIEF	
			TRAUMA HEALING PROGRAM	MISSION-TRAIN	
			REACHING CLINICIANS,	PROFESSIONALS IN	
MIDDLE EAST - GAZA	1	5	EDUCATORS, CHILDREN AND	"TRAINING OF TRAINERS"	325,162.
			PROGRAM: POPULATION-WIDE	THE GLOBAL TRAUMA RELIEF	
			TRAUMA HEALING PROGRAM	MISSION-TRAIN	
THE CARIBBEAN -			REACHING HAITIAN DOCTORS,	PROFESSIONALS IN	
HAITI	1	6	NURSES, MENTAL	"TRAINING OF TRAINERS"	197,970.
				THE GLOBAL TRAUMA RELIEF	
				MISSION-TRAIN	
				PROFESSIONALS IN	
MIDDLE EAST - ISRAEL	0	0	HEALING PROGRAM	"TRAINING OF TRAINERS"	23,100.
				THE GLOBAL TRAUMA RELIEF	
RUSSIA AND				MISSION-TRAIN	
NEIGHBORING STATES -				PROFESSIONALS IN	
JKRAINE	0	0	HEALING PROGRAM	"TRAINING OF TRAINERS"	53,569.
O - Oviktatal	2	1.1			EQ0 001
3 a Subtotal		11			599,801.
b Total from continuation	_	,			_
sheets to Part I	<u> </u>	<u> </u>			0.
c Totals (add lines 3a	_	11			599,801.
and 3b)	I 4	1 ++	•		J J J J , OU L .

LHA For Paperwork Reduction Act Notice, see the Instructions for Form 990. SEE PART V FOR COLUMN (E) DESCRIPTIONS Schedule F (Form 990) 2022

Grants and Other Assistance to Organizations or Entities Outside the United States. Complete if the organization answered "Yes" on Form 990, Part IV, line 15, for any recipient who received more than \$5,000. Part II can be duplicated if additional space is needed.

1 (a) Name of organization	(b) IRS code section and EIN (if applicable)	(c) Region	(d) Purpose of grant	(e) Amount of cash grant	(f) Manner of cash disbursement	(g) Amount of noncash assistance	(h) Description of noncash assistance	(i) Method of valuation (book, FMV, appraisal, other)
			-	_		assistance	uooiotarioo	appraisal, strict)
			PART OF INTERNATIONAL					
			PROGRAM - OFFERING					
			TRAINING TO HEALTH					
		· · · · · · · · · · · · · · · · · · ·	AND MENTAL HEALTH	320,500.	WIRE TRANSFER	0.		воок
			PART OF INTERNATIONAL					
		CENTRAL AMERICA	PROGRAM - OFFERING					
		AND THE CARIBBEAN	TRAINING TO HEALTH					
		- HAITI	AND MENTAL HEALTH	190,000.	WIRE TRANSFER	0.		BOOK
			PART OF INTERNATIONAL					
			PROGRAM - OFFERING					
			TRAINING TO HEALTH					
		UKRAINE	AND MENTAL HEALTH	53,569.	WIRE TRANSFER	0.		воок
			recognized as charities by the			_		

exempt 501(c)(3) organization by the IRS, or for which the grantee or counsel has provided a section 501(c)(3) equivalency letter

3 Enter total number of other organizations or entities

Part III Grants and Other Assistan	ce to Individuals Outsid	le the United St	ates. Complete i	f the organization answered "Yes"	on Form 990, Par	t IV, line 16.	
Part III can be duplicated if a	additional space is neede						
(a) Type of grant or assistance	(b) Region	(c) Number of recipients	(d) Amount of cash grant	(e) Manner of cash disbursement	(f) Amount of noncash assistance	(g) Description of noncash assistance	(h) Method of valuation (book, FMV, appraisal, other)

Part IV | Foreign Forms 1 Was the organization a U.S. transferor of property to a foreign corporation during the tax year? If "Yes," the organization may be required to file Form 926, Return by a U.S. Transferor of Property to a Foreign Corporation (see Instructions for Form 926)

_			
	Yes	X	No

Did the organization have an interest in a foreign trust during the tax year? If "Yes," the organization may 2 be required to separately file Form 3520, Annual Return To Report Transactions With Foreign Trusts and Receipt of Certain Foreign Gifts, and/or Form 3520-A, Annual Information Return of Foreign Trust With a U.S. Owner (see Instructions for Forms 3520 and 3520-A; don't file with Form 990)

Vaa	X	Nia

3 Did the organization have an ownership interest in a foreign corporation during the tax year? If "Yes," the organization may be required to file Form 5471, Information Return of U.S. Persons With Respect to Certain Foreign Corporations (see Instructions for Form 5471)

 v	

4 Was the organization a direct or indirect shareholder of a passive foreign investment company or a qualified electing fund during the tax year? If "Yes," the organization may be required to file Form 8621, Information Return by a Shareholder of a Passive Foreign Investment Company or Qualified Electing Fund (see Instructions for Form 8621)

\neg $\mathbf{v}_{\bullet \bullet}$.	X	No	

Did the organization have an ownership interest in a foreign partnership during the tax year? If "Yes," 5 the organization may be required to file Form 8865, Return of U.S. Persons With Respect to Certain Foreign Partnerships (see Instructions for Form 8865)

Ves	\mathbf{x}	Nc

Did the organization have any operations in or related to any boycotting countries during the tax year? If 6 "Yes," the organization may be required to separately file Form 5713, International Boycott Report (see Instructions for Form 5713; don't file with Form 990)

Yes	X	No

Schedule F (Form 990) 2022

Part V | Supplemental Information

Provide the information required by Part I, line 2 (monitoring of funds); Part I, line 3, column (f) (accounting method; amounts of investments vs. expenditures per region); Part II, line 1 (accounting method); Part III (accounting method); and Part III, column (c) (estimated number of recipients), as applicable. Also complete this part to provide any additional information. See instructions.

PART I, LINE 2:

EXPENSE REPORTS ARE SUBMITTED MONTHLY FOR REIMBURSEMENTS AND PERIODIC NARRATIVE REPOTRS ON THE SCOPE OF WORK AND ACCOMPLISHMENTS.

PART I, LINE 3:

DISBURSEMENTS WERE MADE FOR CONSULTING SERVICES TO INDIVIDUALS WORKING IN GAZA AND HAITI

PART I, LINE 3, COLUMN (E):

REGION: MIDDLE EAST - GAZA

(E) SPECIFIC TYPES OF SERVICES IN REGION: THE GLOBAL TRAUMA RELIEF MISSION-TRAIN PROFESSIONALS IN "TRAINING OF TRAINERS" MODEL THAT SEEKS TO AIDE THEM IN ALLEVIATING AND OTHER COMMUNITY LEADERS OWN TRAUMA WHILE INSTRUCTING THEM IN EFFFECTIVELY INTEGRATING WHAT THEY HAVE LEARNED INTO THEIR WORK AS A WAY TO PROMOTE PERMANENT CHANGES IN ATTITUDE AND BEHAVIOR THAT HELPS PAVE THE WAY FOR SELF-AWARENESS, UNDERSTANDING, AND PSYCHOLOGICAL RECOVERY IN TRAUMATIZED POPULATIONS.

REGION: THE CARIBBEAN - HAITI

(E) SPECIFIC TYPES OF SERVICES IN REGION: THE GLOBAL TRAUMA RELIEF MISSION-TRAIN PROFESSIONALS IN "TRAINING OF TRAINERS" MODEL THAT SEEKS TO AIDE THEM IN ALLEVIATING AND OTHER COMMUNITY LEADERS OWN TRAUMA WHILE INSTRUCTING THEM IN EFFFECTIVELY INTEGRATING WHAT THEY HAVE LEARNED INTO THEIR WORK AS A WAY TO PROMOTE PERMANENT CHANGES IN ATTITUDE AND BEHAVIOR THAT HELPS PAVE THE WAY FOR SELF-AWARENESS, UNDERSTANDING, AND PSYCHOLOGICAL RECOVERY IN TRAUMATIZED POPULATIONS.

Schedule F (Form 990) 2022

Page 5

Part V | Supplemental Information

Provide the information required by Part I, line 2 (monitoring of funds); Part I, line 3, column (f) (accounting method; amounts of investments vs. expenditures per region); Part II, line 1 (accounting method); Part III (accounting method); and Part III, column (c) (estimated number of recipients), as applicable. Also complete this part to provide any additional information. See instructions.

REGION: MIDDLE EAST - ISRAEL

(E) SPECIFIC TYPES OF SERVICES IN REGION: THE GLOBAL TRAUMA RELIEF MISSION-TRAIN PROFESSIONALS IN "TRAINING OF TRAINERS" MODEL THAT SEEKS TO AIDE THEM IN ALLEVIATING AND OTHER COMMUNITY LEADERS OWN TRAUMA WHILE INSTRUCTING THEM IN EFFFECTIVELY INTEGRATING WHAT THEY HAVE LEARNED INTO THEIR WORK AS A WAY TO PROMOTE PERMANENT CHANGES IN ATTITUDE AND BEHAVIOR THAT HELPS PAVE THE WAY FOR SELF-AWARENESS, UNDERSTANDING, AND PSYCHOLOGICAL RECOVERY IN TRAUMATIZED POPULATIONS.

REGION: RUSSIA AND NEIGHBORING STATES - UKRAINE

(E) SPECIFIC TYPES OF SERVICES IN REGION: THE GLOBAL TRAUMA RELIEF MISSION-TRAIN PROFESSIONALS IN "TRAINING OF TRAINERS" MODEL THAT SEEKS TO AIDE THEM IN ALLEVIATING AND OTHER COMMUNITY LEADERS OWN TRAUMA WHILE INSTRUCTING THEM IN EFFFECTIVELY INTEGRATING WHAT THEY HAVE LEARNED INTO THEIR WORK AS A WAY TO PROMOTE PERMANENT CHANGES IN ATTITUDE AND BEHAVIOR THAT HELPS PAVE THE WAY FOR SELF-AWARENESS, UNDERSTANDING, AND PSYCHOLOGICAL RECOVERY IN TRAUMATIZED POPULATIONS.

PART II, COLUMN (D):

REGION: MIDDLE EAST AND NORTH AFRICA - ISRAEL,AND GAZA

(D) PURPOSE OF GRANT: PART OF INTERNATIONAL PROGRAM - OFFERING TRAINING TO HEALTH AND MENTAL HEALTH PROFESSIONALS TO ASSIST THE HEALING OF PSYCHOLOGICAL TRAUMA IN WAR-TORN AND DISASTER-AFFLICTED AREAS. TO COVER COST OF PROJECT COORDINATORS AND GROUP LEADERS AND THE COST OF FACILITIES FOR TRAINING SESSIONS.

REGION: CENTRAL AMERICA AND THE CARIBBEAN - HAITI

Schedule F (Form 990) 2022 Part V | Supplemental Information

Provide the information required by Part I, line 2 (monitoring of funds); Part I, line 3, column (f) (accounting method; amounts of investments vs. expenditures per region); Part II, line 1 (accounting method); Part III (accounting method); and Part III, column (c)

(estimated number of recipients), as applicable. Also complete this part to provide any additional information. See instructions.
(D) PURPOSE OF GRANT: PART OF INTERNATIONAL PROGRAM - OFFERING TRAINING
TO HEALTH AND MENTAL HEALTH PROFESSIONALS TO ASSIST THE HEALING OF
PSYCHOLOGICAL TRAUMA IN WAR-TORN AND DISASTER-AFFLICTED AREAS.TO COVER
COST OF PROJECT COORDINATORS AND GROUP LEADERS AND THE COST OF FACILITIES
FOR TRAINING SESSIONS.
REGION: UKRAINE
(D) PURPOSE OF GRANT: PART OF INTERNATIONAL PROGRAM - OFFERING TRAINING
TO HEALTH AND MENTAL HEALTH PROFESSIONALS TO ASSIST THE HEALING OF
PSYCHOLOGICAL TRAUMA IN WAR-TORN AND DISASTER-AFFLICTED AREAS.TO COVER
COST OF PROJECT COORDINATORS AND GROUP LEADERS AND THE COST OF FACILITIES
FOR TRAINING SESSIONS.

SCHEDULE J (Form 990)

Compensation Information

For certain Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees

Complete if the organization answered "Yes" on Form 990, Part IV, line 23.

Attach to Form 990.

OMB No. 1545-0047

Open to Public Inspection

Department of the Treasury Internal Revenue Service

Name of the organization

Go to www.irs.gov/Form990 for instructions and the latest information.

THE CENTER FOR MIND-BODY MEDICINE

 $Employer\ identification\ number\\52-1755744$

Schedule J (Form 990) 2022

Pa	art I Questions Regarding Compensation			
	·		Yes	No
1a	Check the appropriate box(es) if the organization provided any of the following to or for a person listed on Form 990,			
	Part VII, Section A, line 1a. Complete Part III to provide any relevant information regarding these items.			
	First-class or charter travel Housing allowance or residence for personal use			
	Travel for companions Payments for business use of personal residence			
	Tax indemnification and gross-up payments Health or social club dues or initiation fees			
	Discretionary spending account Personal services (such as maid, chauffeur, chef)			
b	If any of the boxes on line 1a are checked, did the organization follow a written policy regarding payment or			
	reimbursement or provision of all of the expenses described above? If "No," complete Part III to explain	1b		
2	Did the organization require substantiation prior to reimbursing or allowing expenses incurred by all directors,			
	trustees, and officers, including the CEO/Executive Director, regarding the items checked on line 1a?	2		
3	Indicate which, if any, of the following the organization used to establish the compensation of the organization's			
	CEO/Executive Director. Check all that apply. Do not check any boxes for methods used by a related organization to			
	establish compensation of the CEO/Executive Director, but explain in Part III.			
	Compensation committee Written employment contract			
	Independent compensation consultant Compensation survey or study			
	X Form 990 of other organizations X Approval by the board or compensation committee			
4	During the year, did any person listed on Form 990, Part VII, Section A, line 1a, with respect to the filing			
	organization or a related organization:			
а	Receive a severance payment or change-of-control payment?	4a		X
b	Participate in or receive payment from a supplemental nonqualified retirement plan?	4b		Х
С	Participate in or receive payment from an equity-based compensation arrangement?	4c		Х
	If "Yes" to any of lines 4a-c, list the persons and provide the applicable amounts for each item in Part III.			
	Only section 501(c)(3), 501(c)(4), and 501(c)(29) organizations must complete lines 5-9.			
5	For persons listed on Form 990, Part VII, Section A, line 1a, did the organization pay or accrue any compensation			
	contingent on the revenues of:	_		v
a	The organization?	5a		X
b	Any related organization?	5b		Λ
_	If "Yes" on line 5a or 5b, describe in Part III.			
6	For persons listed on Form 990, Part VII, Section A, line 1a, did the organization pay or accrue any compensation			
	contingent on the net earnings of:	_		v
a	The organization?	6a		X
b	Any related organization?	6b		Х
_	If "Yes" on line 6a or 6b, describe in Part III.			
7	For persons listed on Form 990, Part VII, Section A, line 1a, did the organization provide any nonfixed payments			v
-	not described on lines 5 and 6? If "Yes," describe in Part III	7		X
8	Were any amounts reported on Form 990, Part VII, paid or accrued pursuant to a contract that was subject to the			W
	initial contract exception described in Regulations section 53.4958-4(a)(3)? If "Yes," describe in Part III	8		X
9	If "Yes" on line 8, did the organization also follow the rebuttable presumption procedure described in			
	Regulations section 53.4958-6(c)?	9		l

232111 10-18-22

LHA For Paperwork Reduction Act Notice, see the Instructions for Form 990.

Part II Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees. Use duplicate copies if additional space is needed.

For each individual whose compensation must be reported on Schedule J, report compensation from the organization on row (i) and from related organizations, described in the instructions, on row (ii). Do not list any individuals that aren't listed on Form 990, Part VII.

Note: The sum of columns (B)(i)-(iii) for each listed individual must equal the total amount of Form 990, Part VII, Section A, line 1a, applicable column (D) and (E) amounts for that individual.

(A) Name and Title		(B) Breakdown of W-2 and/or 1099-MISC and/or 1099-NEC compensation			other deferred	(D) Nontaxable benefits	(E) Total of columns (B)(i)-(D)	in column (B)
		(i) Base compensation	(ii) Bonus & incentive compensation	(iii) Other reportable compensation	compensation			reported as deferred on prior Form 990
(1) JAMES S GORDON, MD	(i)	202,303.	0.	0.	0.	19,222.	221,525.	0.
CEO AND BOARD MEMBER	(ii)	0.	0.	0.	0.	0.	0.	0.
(2) ROSEMARY MURRAIN	(i)	172,519.	0.	0.	0.	9,231.	181,750.	0.
MANAGING DIRECTOR	(ii)	0.	0.	0.	0.	0.	0.	0.
	(i)							
	(ii)							
	(i)							
	(ii)							
	(i)							
	(ii)							
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	(ii)							
	(i)							
	(ii)							
	(i)							
	(ii)							
	(i)							
	(ii)							

Part III Supplemental Information
Provide the information, explanation, or descriptions required for Part I, lines 1a, 1b, 3, 4a, 4b, 4c, 5a, 5b, 6a, 6b, 7, and 8, and for Part II. Also complete this part for any additional information.

SCHEDULE O (Form 990)

Department of the Treasury

Internal Revenue Service

Supplemental Information to Form 990 or 990-EZ

Complete to provide information for responses to specific questions on Form 990 or 990-EZ or to provide any additional information.

Attach to Form 990 or Form 990-EZ.

Go to www.irs.gov/Form990 for the latest information.

OMB No. 1545-0047

2022

Open to Public Inspection

Name of the organization

THE CENTER FOR MIND-BODY MEDICINE

Employer identification number 52-1755744

FORM 990, PART I, LINE 1, DESCRIPTION OF ORGANIZATION MISSION:

SUPPORT CENTRAL TO ALL HEALTHCARE; THE TRAINING OF HEALTH

PROFESSIONALS; AND THE EDUCATION OF OUR CHILDREN.

FORM 990, PART III, LINE 1, DESCRIPTION OF ORGANIZATION MISSION:

CENTRAL TO ALL HEALTH CARE, THE TRAINING OF HEALTH PROFESSIONALS AND

THE EDUCATION OR OUR CHILDREN. THE CENTER'S MODEL COMBINES THE

PRECISION OF MODERN SCIENCE WITH THE WISDOM OF THE WORLD'S HEALING

TRADITIONS, TO HELP HEALTH PROFESSIONALS HEAL THEMSELVES, THEIR

PATIENTS AND CLIENTS, AND THEIR COMMUNITIES.

FORM 990, PART III, LINE 4A, PROGRAM SERVICE ACCOMPLISHMENTS:

HURRICANE-HARVEY HOUSTON. AT THE SAME TIME, CMBM BEGAN TO EXPLORE MAJOR

FUNDING FOR SIMILAR PROGRAMS IN HURRICANE AFFLICTED PUERTO RICO AND IN

SONOMA COUNTY, CA FOLLOWING THE MASSIVE FIRES. BOTH OF THESE PROGRAMS

HAVE SUBSEQUENTLY BEEN FUNDED.

FORM 990, PART III, LINE 4B, PROGRAM SERVICE ACCOMPLISHMENTS:

PRACTICE AND COMMUNITY WORK. THE MIND-BODY MEDICINE CERTIFICATION

PROGRAM PREPARES PRACTITIONERS TO LEAD MIND-BODY SKILLS GROUPS WITH

DIVERSE COMMUNITIES, INTEGRATE MIND-BODY MEDICINE INTO INSTITUTIONS,

AND DEVELOP UNIQUE APPLICATIONS FOR CLINICAL PRACTICE AND EDUCATIONAL

PROGRAMS.

THE MIMD, MOOD AND FOOD SEMINAR, A FOOD AS NEDICINE PROFESSIONAL

TRAINING PROGRAM, EXPLORES THE SCIENCE OF NOURISHING FOODS, GUT HEALTH,

EPIGENETICS AND MIND-BODY PRACTICES THAT SUPPORT HEALTHY BRAINS.

LHA For Paperwork Reduction Act Notice, see the Instructions for Form 990 or 990-EZ.

Schedule O (Form 990) 2022

Schedule O (Form 990) 2022 Page **2**

Name of the organization

THE CENTER FOR MIND-BODY MEDICINE

Employer identification number 52-1755744

FORM 990, PART III, LINE 4D, OTHER PROGRAM SERVICES:

OTHER PROGRAM SERVICES- ACTIVITIES PROVIDING RESEARCH, SPEAKING

ENGAGEMENTS AND EDUCATIONAL PRODUCTS TO THE PUBLIC RELATED TO MIND-BODY

MEDICINE.

EXPENSES \$ 457,358. INCLUDING GRANTS OF \$ 0. REVENUE \$ 327,461.

FORM 990, PART VI, SECTION A, LINE 8B:

COMMITTEES CAN MAKE RECOMMENDATIONS TO THE BOARD BUT CANNOT ACT ON BEHALF

OF THE BOARD. THE COMMITTEES SERVE AS WORKING COMMITTEES TO MAKE STRATEGIC

RECOMMENDATIONS.

FORM 990, PART VI, SECTION B, LINE 11B:

COPY OF THE 990 IS REVIEWED BY THE PRESIDENT AND SUBMITTED TO THE BOARD ALONG WITH THE AUDIT FOR FINAL APPROVAL BEFORE THE 990 IS FILED.

FORM 990, PART VI, SECTION B, LINE 12C:

IN CASE THERE IS CONFLICT OF INTEREST AS DEFINED BY THE ORGANIZATION'S

EMPLOYEE HANDBOOK, THE EMPLOYEE OR VOLUMTEER MUST DISCLOSE THE CONFLICT TO

HIS/OR HER SUPERVISOR OR DIRECTOR, WHO SHALL DECIDE WHETHER THE INDIVIDUAL

CAN CONTINUE TO BE INVOLVED IN DECISIONS INVOLVING THAT SITUATION.

FORM 990, PART VI, SECTION B, LINE 15:

SALARIES OF OFFICERS SHALL BE FIXED FROM TIME TO TIME BY THE BOARD OF

DIRECTORS, PROVIDED THAT SUCH COMPENSATION SHOULD NOT BE EXCESSIVE IN

AMOUNT AND SHALL BE FOR SERVICES THAT ARE REASONABLE AND NECESSARY FOR THE

PERFORMANCE OF THE CENTER'S PURPOSES.

THE CENTER CONDUCTS AN ANNUAL PERFORMANCE REVIEW OF ALL ITS KEY EMPLOYEES.

Schedule O (Form 990) 2022 Page 2

Name of the organization **Employer identification number** THE CENTER FOR MIND-BODY MEDICINE 52-1755744 PAY RAISES ARE BASED ON JOB PERFORMANCE OVER THE REVIEW PERIOD, AND THE SUPERVISOR IN CONSULTATION WITH DR JIM GORDON, THE EXECUTIVE DIRECTOR, DETERMINES THE MERIT OF THE INCREASE. FORM 990, PART VI, SECTION C, LINE 19: THE ORGANIZATION MAKES AVAILABLE UPON REQUEST THE FOLLOWING DOCUMENTS: GOVERNING DOCUMENTS CONFLICT OF INTEREST POLICY FINANCIAL STATEMENTS JEDI 9JUSTICE, EQUITY,DIVERSITY AND INCLUSION) FORM 990, PART IX, LINE 11G, OTHER FEES: CONSULTING: PROGRAM SERVICE EXPENSES 868,275. MANAGEMENT AND GENERAL EXPENSES 54,232. FUNDRAISING EXPENSES 113,440. 1,035,947. TOTAL EXPENSES HONORARIUM: PROGRAM SERVICE EXPENSES 351,124. MANAGEMENT AND GENERAL EXPENSES 100. FUNDRAISING EXPENSES 0. TOTAL EXPENSES 351,224. TOTAL OTHER FEES ON FORM 990, PART IX, LINE 11G, COL A 1,387,171.

232212 10-28-22 Schedule O (Form 990) 2022